

Top Ten Males - Senior and U20

Last Update 31.08.2011

Event		Senior		Under 20
100m	10.7	Roger Sexton	10.75	Roger Sexton
	10.87	John Saulters	10.8	Gareth Gettinby
	10.9	Gareth Gettinby	11.0	Peter McPherson
	11.0	Tom Reynolds	11.0	Parrick Gregg
	11.1	Barry Kelly	11.1	Philip Browne
	11.10	Philip Browne	11 18	Philip Browne
	11.15	Tom Reynolds	11.2	William Burnside
	11.18	Peter Glass	11.41	Mark Armstrong
	11.2	Stephen Enright	11.42	Ben Reynolds
	11.23	Kenny Elliot	11.47	David Ritchie
	11.26	Brendan McConville	11.5	Mike Hewitt
	11.3	Kenny Elliott	11.5	Patrick McGrattan
	11.33	Philip Browne	11 5	Tom Reynolds
	11.4	Stuart Brown	11.5	Callum Graham
	11.45	Kenny Elliot		
	11.49	Patrick Gregg		
	200m	21.5	Roger Sexton	21.78
22.3		Kenny Elliott	22.2	Gareth Gettinby
22.36		John Saulters	22.5	William Burnside
22.36		Kenny Elliott	22.57	Mark Armstrong
22.42		Gareth Gettinby	22.8	Philip Browne
22.43		Philip Browne	22.9	Peter McPherson
22.92		Tom Reynolds	22.96	Patrick Gregg
23.1		Stephen Enright	23.0	Mark Patterson
23.3		Paul Fleming	23.4	Tom Reynolds
23.53		Ben Reynolds	23.41	James Hammond
23.58		Brendan McConville	23.55	Richard Higginson
23 5		Paul Curran	23.66	David Ritchie

			23.98	Mike Hewitt
400m	49.31	John Saulters	49.56	Mark Patterson
	49.48	Brendan McConville	50.6	Roger Sexton
	49.84	Tom Reynolds	51.0	William Burnside
	50.1	Michael Dyer	51.12	Tom Reynolds
	50.4	Roger Sexton	51.37	Adam McComb
	50.43	Paul Curran	51.8	Brendan McConville
	50.44	Michael Dyer	52.3	Gareth Gettinby
	51.43	Kenny Elliott	52.4	Paul Fleming
	51.49	Peter Glass	52.45	Paul Curran
	52.18	Mark Weir	52.5	Kerrin Young
	52.2	Paul Fleming	52.50	Mark Armstrong
800m	1:51.25	Michael Dyer	1:49.20	Mark Patterson
	1:52.57	Niall Robinson	1:53.55	Niall Robinson
	1:54.90	Jordan Neil	1:54.53	Jordan Neil
	1:55.5	James Budde	1:55.2	Michael Dyer
	1:56.1	J.Ross	1:58.12	John Carlisle
	1:56.8	Geoffrey Weir	1:57.39	Jordan Stokes
	1:57.36	Niall Robinson	1:58.6	Mark Weir
	1:57.64	John Carlisle	2:00.70	Josh Lowry
	1:58.4	Francis Marsh	2:00.9	Tim Reid
	1:58.8	John Saulters	2:01.2	Paul Curran
	1:59.3	Mark Weir	2:01.9	Gareth Davis-Jones
	1:59.4	Paul Curran	2:02.4	Thomas Welshman
	2:00.93	Robin Brown	2:02.6	Stuart Harding
	1500m	3:43.43	Jordan Neil	3:49.21
3:57.34		Niall Robinson	3:57.56	Mark Patterson
3:57.99		Michael Dyer	4:00.09	Niall Robinson
3:58.54		Francis Marsh	4:03.0	John Carlisle
3:59.54		James Budde	4:05.77	Jordan Stokes
4:00.4		Mark Weir	4:07.6	Michael Dyer
4:00.9		Geoffrey Weir	4:10.0	Mark Weir
4:03.4		John Carlisle	4:11.1	Thomas Welshman

	4:00.91	James Budde	4:12.0	Gareth Davis-Jones
	4:07.11	Robin Brown	4:14.5	Robin Brown
	4:10.03	Francis Marsh M40	4:19.91	Josh Lowry
	4:10.3	Ian Lyle	4:21.99	Paul Curran
3000m	8:33.3	Jonathan Ross	8:36.26	Jordan Neil
	8:44.4	Geoffrey Weir	9:12.2	Robin Brown
	8:45.03	Robin Brown	9:13.8	Michael Dyer
	8:46.86	Michael Dyer	9:17.3	Chris Stewart
	8:48.6	Ian Lyle	9:19.2	Robin Brown
	8:49.4	Francis Marsh	9:29.3	Mark Weir
	8:52.90	Niall Robinson	9:37.4	Paul Curran
	8:53.41	James Budde	9:41.9	Stuart Donald
	8:54.9	Noel Munnis	9:43.7	Briian Barron
	8:58.23	Francis Marsh (M40)	9:44.8	Michael Patterson
	9:08.0	Peter Nugent	9:46.0	Jamie Stewart
	9:10.8	Tommy Best	9:51.0	James Budde
			9:51.3	Alex Donald
5000m	15:22.80	Robin Brown	15:22.56	Jordan Neil
	15:28.2	Ian Lyle	15:49.8	Stuart Donald
	15:29.05	Francis Marsh (M40)	16:15.9	Thomas Welshman
	15:30.6	Noel Munnis	16:25.7	Chris Stewart
	15:51.2	Peter Nugent	16:31.6	James Budde
	16:22.7	Mark Weir	16:53.5	Robin Brown
	16:27.9	George Bell	16:53.59	Robin Brown
	16:47.4	James Budde	17:22.0	Mark Weir
	17:11.4	Robert Wilson	17:56.5	Tim Reid
	18:02.28	Gerry Coy	17:59.0	Gordon Montgomerie
			18:25.54	Stuart Donald (U/17)
			19:07.9	Gavin Megaw (U/17)
10000m	31:38.55	Noel Munnis		
	32:38.0	Geoffrey Weir		
	39:52.6	David Seaton M60		
	38:55.70	Terry Eakin M60		

Marathon

2.28.0 Billy Brannigan (O/40)
 2.37.16 Sammy Walker
 2.38.31 Peter Nugent
 2.38.35 Noel Munnis
 2.41.09 Francis Marsh
 2.46.26 Robert Wilson
 2.47.0 Terry Mallon (O/45)
 2.48.32 Simon Seaton
 2.50.00 John Sloan (O/40)
 2.52.01 George Bell (O/40)
 2:52.37 James Budde
 2.52.59 Max Hamilton (O/40)
2:58.50 Nick Arkensparr

110mH

110 H 3"6
13.75 Ben Reynolds
 14.63 Tom Reynolds
 14.72 Luke Reynolds
14.78 Peter Glass
 14.83 Brendan McConville
 15.35 Tom Reynolds (U20)
 15.42 Ben Reynolds (U20)
 16.1 Mike Bull
 16.11 Luke Reynolds (U20)
 16.3 Paul Curran
 16.64 Phil Browne (U20)
 16.7 David Tughan

110 H 3"3

13.71 Ben Reynolds
 14.83 Peter Glass
 15.1 Tom Reynolds
 15.28 Luke Reynolds
 15.94 Scott McCauley
 16.0 David Tughan
 16.1 Brendan McConville
 16.3 Paul Curran
 16.5 Philip Browne
16.53 Callum Graham
 16.6 Barry Kelly
 17.0 Michael McConkey

400mH

3' 0"
 53.22 Thomas Patton
 55.65 Brendan McConville
 56.6 Paul Curran
57.47 Tom Reynolds
 58.33 Kenny Elliot
 61.15 James Budde

3' 0"

56.2 Kerrin Young (U/17)
 58.6 James Niblock (U20)
 59.24 James Niblock (U20)
 59.8 Kerrin Young (U/20)
 62.1 Barry Kelly (U/20)
 62.5 Tom Reynolds (U20)

62.35	Alex Donald
62.88	Kris Lockhart
65.4	Stuart Wilson
66.09	Francis Marsh
67.4	Stuart Donald
69.07	Richard Lockhart
71.0	Trevor Alderdice (Vet)

62.8	Stuart Wilson	(U/20)
62.9	David Weir	(U20)
63.9	Brendan McConville	(U/20)
64.89	Gareth Davis Jones	(U/17)
64.68	Stuart Harding	(U/17)
66.08	Luke Reynolds	(U17)
70.6	James Budde	(U17)

Steeplechase

	3000m S/C
9:36.94	Noel Munnis
9:44.4	Ian Lyle
9:53.9	Francis Marsh
9:58.8	Chris Stewart (U/20)
10:04.6	Aidan O'Callaghan
10:07.8	Alex Donald
10:09.53	Francis Marsh M40
10:18.98	Paul Curran (U/20)
10:20.27	James Budde
10:23.2	John Quiery
10:27.84	Gareth Davis-Jones (U/20)
10:41.3	Colin Smith (U/20)
10:41.82	Jordan Stokes (U20)

	2000mS/C
6:15.6	Chris Stewart
6:19.7	Gareth Davis-Jones
6:21.4	Alex Donald
6:34.59	Paul Curran
6:49.5	Michael Patterson
6:50.11	Alex Donald (U/17)
6:59.4	Colin Smith
7:00.11	James Budde
7:01.1	Jamie Stewart
7:10.0	Brian Barron

High Jump

2.05	Darragh Murphy
2.03	Brendan McConville
2.00	Ben Reynolds
1.97	Paul Curran
1.95	Eugene Fusco
1.93	David Robb
1.92	Peter Glass
1.88	Mike Bull
1.86	Tom Reynolds
1.85	Evan Wright

2.11	Darragh Murphy
2.07	Ben Reynolds
2.02	Brendan McConville
2.00	David Robb
1.95	Paul Curran
1.95	Peter Glass
1.85	David McEvoy
1.82	Jonathan Kirk
1.77	Tom Reynolds

Long Jump

7.14 Tom Reynolds
7.04 Peter Glass
6.85 Brendan McConville
6.82 Mike Bull
6.80 Paul Curran
6.66 Eugene Fusco
6.65 Tom Reynolds
6.62 Jason Blanc
6.61 Philip Browne
6.60 Neil McArdle

6.80 Peter Glass
6.73 Ben Reynolds
6.65 Keith Esdale
6.61 Philip Browne
6.59 Paul Curran
6.52 Jason Blanc
6.45 Tom Reynolds
6.37 Patrick Gregg
6.33 David McEvoy
6.32 Gareth Gettinby
6.27 Brendan McConville

Triple Jump

14.54 Alan Kennedy
14.39 Paul Curran
13.81 Eugene Fusco
13.22 Neil McArdle
13.02 Tom Reynolds
11.98 Philip Browne
11.94 Brendan McConville
11.54 Patrick Gregg
11.18 Alex Donald
11.11 Jason Blanc

13.66 Paul Curran
13.36 Peter Glass
13.24 Callum Graham
13.12 Scott McCauley
13.05 Darragh Murphy
13.04 Philip Browne
13.41 Brendan Goss
12.95 Eugene Fusco
12.73 Ian Jamison
12.65 Gavin Gordon
12.51 Jason Stevenson

Pole Vault

5.05 Mike Bull
4.80 Brendan McConville
4.60 Peter Glass
4.60 Tom Reynolds
3.30 Paul Curran
3.00 Patrick Campbell
2.80 Stephen Enright
2.80 Eugene Fusco

4.15 Brendan McConville
4.10 Patrick Campbell
3.80 Michael McConkey
3.80 Peter Glass
3.70 Ben Reynolds
3.60 Tom Reynolds
3.50 Peter Abernethy (U17)
3.00 Paul Curran
3.00 Luke Reynolds
2.50 Colin Munnis

Shot

	7.25Kg
14.44	Michael McConkey
14.32	Jeremy Harper
13.70	Peter Glass
13.36	Tom Reynolds
13.22	Michael McConkey
13.14	Mike Bull
13.00	Brendan McConville
12.45	Peter Glass M20
12.31	Ben Worthington (U/20)
11.63	David Robb
11.52	Patrick McGrattan
11.33	Tom Reynolds (U20)
11.33	Richard Lockhart (U20)
11.20	Mark Pielou

	6.0/6.25Kg
15.39	Jeremy Harper 6 kg
13.69	Peter Glass 6Kg
13.58	Michael McConkey 6 kg
13.25	Tom Reynolds 6 kg
13.07	Richard Lockhart
12.93	Ben Worthington 6Kg
12.87	Mark Pielou
12.79	Ben Reynolds
12.50	David Robb
12.46	Michael McConkey
12.28	Tom Reynolds

Discus

	2Kg
51.48	Jeremy Harper
44.69	Peter Glass
42.78	Ian McMullan
39.74	Peter Glass U20)
38.82	Tom Reynolds
38.16	Mike Bull
37.78	Michael McConkey
37.46	David Keys (U20)
37.37	Brendan McConville
35.64	Michael McConkey (U20)
35.52	Paul Curran
34.32	Tom Reynolds (U20)
32.93	Ben Worthington (U20)
32.16	Aaron Stirling U17)
31.94	Scott Kirkpatrick (U/17)
31.07	Richard Lockhart (U20)
30.40	Paul Curran (U/20)

	1.75Kg
48.85	Jeremy Harper
42.85	Gareth Irvine
41.73	David Keys
37.89	Tom Reynolds
37.20	Ben Worthington
37.11	Michael McConkey
36.22	Ben Reynolds
34.63	Joe Kingsberry
34.16	Peter Glass
34.10	Mark Pielou
32.59	Aaron Stirling
30.40	Paul Curran

Javelin

63.69	Michael McConkey
55.19	Peter Glass
52.32	Jeremy Harper
50.50	Tom Reynolds
50.26	Brendan McConville
49.78	Patrick McGrattan
48.24	Roger Perrott
47.77	Paul Curran
46.00	Mike Bull
46.00	Arnie Wilson
45.70	Evan Wright
41.55	James Budde

800g

54.56	Matthew Martin
51.43	Peter Glass
50.45	Matthew Martin (U17)
49.57	Peter Glass (U17)
43.40	Neil Dougan
42.82	David Robb
42.63	Tom Reynolds
42.18	Karl Lamont

800g**Hammer**

46.45	Richard Lockhart (U20)
41.67	Richard Lockhart
40.03	Aaron Stirling (U20)
39.16	David Keys (U20)
38.42	Jeremy Harper
38.22	Ian McMullen
35.58	Chris Summers
35.30	Aaron Stirling (U17)
33.66	Stephen Mulholland
31.75	Neil Duigan (U20)
31.59	Richard Lockhart (U17)

7.25Kg

49.20	Richard Lockhart
47.45	David Keys
42.58	Aaron Stirling
36.22	Ben Reynolds
35.29	Neil Dougan

6.0Kg**56 lb Weight**

7.23	Jeremy Harper
7.18	Pete Glass
5.84	Paul Kirkpatrick
5.82	Neil Dougan
5.58	Ian McMullan
5.36	Steve Mulholland
5.18	Chris Summers
5.06	Steven Glass
4.27	John Saulters

6.12	Peter Glass
5.96	Richard Lockhart
4.88	David Keys
4.06	Aaron Stirling

16 Kg Weight

9.79 Jeremy Harper

Pentathlon

2786 Paul Curran

Decathlon

7324 Brendan McConville

7270 Tom Reynolds

7215 Peter Glass

6366 Paul Curran

6216 Tom Reynolds (u20-Sen W & Imp)

5562 Michael McConkey (U20-Sen W & Imp)