

Top Performance Males – Age Groups

Last Update 08.09.2011

Event	Under 17		Under 15		Under 13		
100m	10.9	Ken Hooks	11.3	Ken Hooks	12.7	Phillip Browne	
	10.9	Roger Sexton	11.3	Roger Sexton	12.99	Oliver Wakefield	
	11.2	James Ringland	11.5	Mark Atkinson	13.1	Barry Kelly	
	11.2	Gareth Gettinby	11.6	John Blackman	13.1	James Kirkpatrick	
	11.3	William Burnside	11.6	James Ringland	13.2	Matthew Hamilton	
	11.3	Philip Browne	11.7	Ken Woods	13.4	Gareth Gettinby	
	11.3	Patrick Gregg	11.7	Gavin Ellis	13.5	Roger Sexton	
	11.4	Peter McPherson	11.8	James Doherty	13.5	Mark Spottiswood	
	11.4	Gavin Ellis	11.81	Matthew Hamilton	13.5	Mark Patterson	
	11.4	Ryan Kerr	11.9	Paul Glover	13.6	Jack Campton	
	11.4	Andrew Mellon	11.94	Mark Atkinson	13.7	Johnny Arthur	
	11.55	Andrew Mellon	12.0	Philip Browne	13.7	Robert O'Neill	
			12.0	Roger Perrott	13.7	Michael McComb	
	200m	22.5	William Burnside	22.9	William Burnside	26.5	Philip Brown
		22.7	Roger Sexton	23.4	Ken Hooks	26.74	Oliver Wakefield
22.95		Mark Armstrong	23.8	Gavin Ellis	27.1	Roger Perrott	
23.0		Ken Hooks	23.8	John Blackman	27.7	Casey Blair	
23.2		Gareth Gettinby	23.99	James Ringland	28.2	Richard Higginson	
23.31		Andrew Mellon	24.0	Philip Browne	28.67	Jack Walker	
23.4		John Blackman	24.09	Mark Atkinson	28.8	Paul McAlinden	
23.4		Peter McPherson	24.1	James Doherty	28.8	Mark Patterson	
23.46		Peter Glass	24.16	Kerrin Young	28.9	Michael McComb	
23.5		Kerrin Young	24.30	James Doherty	29.0	Glen Trimble	
23.5		Peter Glass	24.33	Matthew Hamilton	29.01	Gareth Gettinby	
23.58		Matthew Hamilton	24.46	Jonathan Arthur	29.1	Mark Armstrong	

			24.5	Paul Foster	29.18	Michael McComb
			24.52	Richard Kelly		
400m	50.3	Ken Thompson	52.6	Kerrin Young	61.6	James Kirkpatrick
	51.23	Andrew Mellon	55.3	Chris Whelan	62.96	Paul Wilson
	51.5	Kerrin Young	55.9	Paul Wilson	63.15	Casey Blair
	51.9	Paul Fleming	56.56	James Ferguson	66.9	Mark Patterson
	52.0	William Burnside	56.57	James Kirkpatrick	67.9	Robert Milling
	52.8	Roger Sexton	56.6	Matthew Heaney	68.0	Gareth Davis-Jones
	53.10	Mark Patterson	56.63	Grant Montgomery	68.9	Mark Magee
	53.2	Chris Whelan	56.7	Richard Hamilton	70.0	Brendan McConville
	53.5	Glen Willis	56.7	Andrew Mellon	70.6	Steven Colwell
	53.80	Chris Whelan	56.8	Sean Crowther	71.3	Neil Johnston
	53.6	Ken Woods	57.18	Stewart Lemon		
	53.9	Peter McPherson	57.2	John Blackman		
	54.0	Sean Crowther	57.26	Matthew Heaney		
	54.02	Niall Robinson				
800m	1:56.92	Mark Patterson	2:05.3	Sean Crowther	2.25.5	Sean Crowther
	1:59.0	Niall Robinson	2:06.0	Gareth Davis-Jones	2.26.9	Mark Patterson
	1:59.46	Niall Robinson	2:07.0	Mark Weir	2.28.9	Scott Davidson
	1:59.47	Glen Willis	2:07.0	Peter Swann	2.29.5	Gareth Davis-Jones
	1:59.5	Sean Crowther	2:11.7	Kerrin Young	2.30.0	Mark Armstrong
	1:59.5	Craig Blackman	2:12.70	Grant Montgomery	2.30.0	Mark Weir
	2:00.3	Mark Weir	2:13.7	Tom Reynolds	2.30.7	James Budde
	2:02.3	Robin Brown	2:14.13	Glen Willis	2.30.9	James Kirkpatrick
	2:02.7	Stuart Harding	2:14.3	John Boyle	2.31.4	Andrew Massey
	2:02.87	Jordan Neill	2:14.6	Robin Brown	2.32.1	Matthew Neill
	2:04.45	Jordan Stokes				
	2:04.5	Gareth Davis-Jones				
1500m	4:00.9	Ken Thompson	4:26.0	Mark Weir	4:53.95	James Budde

4:09.0	Geoffrey Weir	4:27.0	Ken Thompson	4:59.9	Mark Armstrong
4:10:91	Glen Willis	4:31.2	Peter Swann	5 18 4	Michael Patterson
4:12.4	Chris Stewart	4:31.7	Stuart Harding	5:00.85	Josh Lowry
4:13.3	Gareth Davis-Jones	4:32.0	Gareth Davis-Jones	5:04:37	Brendan McConville
4:14:9	Niall Robinson	4:33.78	Glen Willis	5:10.8	Gareth Freeman
4:15:14	Jordan Neill	4:34:83	Chris Whelan	5:11.07	Charlie McNutt
4:15:94	Mark Patterson	4 35 2	Jordan Neill	5:17.2	Stuart Donald
4:19.0	Mark Weir	4:38.7	Alex Donald	5:18.1	Alex Donald
4:21.0	Robin Brown	4:42.0	Keith McClure	5:19.5	Andrew Massey
4:21.8	Stuart Harding	4:42.08	Robin Brown	5:19.5	Darren Kelly

3000m

9:03.8	Jordan Neill	10:07.4	Jordan Neill
9:04:92	Jordan Neill	10:11.0	Chris Whelan
9:31.4	Stuart Harding	10:18.68	Glen Willis
9:36.6	James Budde	10:29.2	Mark Montgomery
9:39:0	Gareth Davis-Jones	10:35.0	Alex Donald
9:42.3	Alex Donald	10:36.7	Stuart Donald
9:44:2	Paul Curran	10:38.3	Mark Patterson
9:27.2	Robin Brown	10:39.85	Michael Patterson
9:47.56	Glen Willis	10:43.6	Gareth Freeman
9:52.49	Brian Barron	10:46.5	Niall Robinson
9:53.3	John Carlisle	10:47.5	James Budde

Sprint Hurdles

	100m Hurdles		80m Hurdles		75m Hurdles
13.4	Peter Glass	11.7	Tom Reynolds	12.4	Philip Browne
13.62	Peter Glass	11 74	Peter Glass	12.5	Tom Reynolds
13.69	Ben Reynolds	11.8	Shaun Tinman	12.6	Luke Reynolds
13.7	Luke Reynolds	11.82	Philip Browne	12.8	Ben Reynolds
13.84	Philip Browne	11.9	Luke Reynolds	13.18	Oliver Wakefield
14:0	Tom Reynolds	12.08	Kerrin Young	13.3	James Kirkpatrick
14:6	Karl Brown	12.09	Shaun Tinman	13.33	Steven Colwell
14:7	Kerrin Young	12.2	Barry Kelly	13.6	David Perry

14:7 Shaun Tinman
14:8 Barry Kelly
14:8 Scott McCauley
15.05 Scott McCauley

12.3 Karl Brown
12.33 Steven Colwell
12.5 Steven Gardiner
12.7 Scott McCauley
12.80 Matthew Heaney

13.8 Karl Brown
14:0 James Hunter
14:37 Jack Campton

80m Hurdles

14:93 Steven Colwell
16.03 Jack Campton
17.24 Daniel McAllen

Long Hurdles

400m 2' '9"

54:8 Kerrin Young
60.75 Peter Glass
60.85 Grant Montgomery
62.7 Matthew Heaney
64:4 Brendan McConville
66.7 Alex Donald
68.1 Curtis Mullan
68.90 Richard Gordon
69.43 Scott McCauley
69.97 David Weir

400m 2' '9"

65.27 Matthew Heaney
72.3 Peter Wickens
81.3 Curtis Mullan

Steeplechase

1500m S/C

4:32.0 Gareth Davis-Jones
4:33.0 Chris Stewart
4:50.7 Stuart Harding
4:51.45 Alex Donald
4:52.4 Paul Curran
4:52.52 Michael Patterson
4:57.6 James Budde
5.01.26 Jordan Neil
5.04:3 Stuart Donald

5.05.0 Mark Weir
5.08.3 Sean Crowther

High Jump

2.04	Darragh Murphy	1.86	Darragh Murphy	1.51	Ben Reynolds
1.95	Ben Reynolds	1.83	Steven Gardiner	1.46	Brendan McConville
1.93	Peter Glass	1.75	Keith Matthews	1.45	Darragh Murphy
1.90	David Robb	1.71	Kerrin Young	1.45	Oliver Wakefield
1.80	Greg Savage	1.70	Brendan McConville	1.40	Richard Kelly
1.80	Brendan McConville	1.65	David Robb	1.38	Andrew McIlvenny
1.77	Philip Gray	1.61	Tom Reynolds	1.39	Michael McWilliams
1.76	Richard Wilson	1.60	Greg Savage	1.36	Neil O'Driscoll
1.75	Keith Mulligan	1.60	Richard Wilson	1.35	Michael Connors
1.75	Michael McConkey	1.60	Paul Coey	1.35	James Hunter
1.75	Kerrin Young	1.60	Luke Reynolds	1.33	Philip Browne
1.75	Jonathan Kirk	1.60	Courtney Marsh	1.25	Hamish Graham
		1.60	Matthew Heaney	1.25	Michael Apsley

Long Jump

6.43	Ben Reynolds	6.21	Tom Reynolds	4.99	Oliver Wakefield
6.41	Peter Glass	5.91	Patrick Gregg	4.93	Philip Browne
6.24	Philip Browne	5.84	Darragh Murphy	4.87	Ben Reynolds
6.23	Tom Reynolds	5.78	Philip Browne	4.84	Darragh Murphy
6.16	Matthew Heaney	5.54	Barry Kelly	4.78	David Robb
6.10	Gareth Gettinby	5.52	Peter McPherson	4.73	Matthew Hamilton
6.10	Mark McClean	5.51	James Kirkpatrick	4.65	James Kirkpatrick
6.06	Patrick Gregg	5.40	Matthew Heaney	4.62	David Perry
6.00	David Ritchie	5.34	Ken Hooks	4.61	Michael McWilliams
5.98	Eugene Fusco	5.34	Jason Blanc	4.60	Gareth Gettinby
				4.60	Roger Perrott

Triple Jump

13.35	Brendan Goss	11.80	Darragh Murphy	9.91	Darragh Murphy
13.19	Scott McCauley	11.62	Tom Reynolds	8.78	Steven Colwell
12.69	Andrew Kane	11.50	Paul Cushenham	8.67	Michael Connors

12.66	Gavin Gordon	11.45	Roger Perrott	8.33	Richard Kelly
12.61	Mark McClean	11.34	Steven Gardiner	7.93	Stephen Barr
12.45	Ian Jamison	11.33	Mark Atkinson		
12.40	Brendan McConville	11.26	Shaun Tinman		
12.28	Tom Reynolds	11.16	Jason Blanc		
12.27	Mark McClean	11.10	Philip Browne		
12.11	Grant Montgomery	10.95	James Ringland		
		10.94	Grant Montgomery		

Pole Vault

4:00	Ben Reynolds	3.01	Ben Reynolds
2.80	Luke Reynolds	2.90	Peter Abernathy
3.80	Patrick Campbell	2.60	Tom Reynolds
3.50	Peter Abernathy	2.13	Keith Beattie
3.30	Stephen Loughlim	1.55	Andrew McCrory
3.20	Michael McConkey	1.50	Duncan Scarth
3.10	Tom Reynolds		
2.90	Jonathan Kirk		
2.80	Brendan McConville		
2.60	Michael Connors		

Shot

	5 Kg	4 Kg	3.25 Kg		
14:48	Matthew Martin	13.56	Peter Wickens	10.07	James Kirkpatrick
14:20	Peter Glass	13.28	Jonathan Kingsberry	9.94	Tom Reynolds
13.96	Mark Pielou	13.20	Keith Matthews	9.14	Richard Kelly
13.61	Jeremy Harper	12.22	Michael McConkey	8.83	Gareth Irvine
13.04	Michael McConkey	12.21	Richard Kelly	8.82	Niall McGrattan
12.82	Jonathan Kingsberry	12.07	James Kirkpatrick	8.80	David Cooke
12.71	Ben Reynolds	11.60	Ben Worthington	8.56	Ben Reynolds
12.60	Tom Reynolds	11.53	David Cooke	8.36	Michael McConkey
12.21	Peter Wickens	11.15	Louis Atkinson	8.30	Karl Brown
11.89	Richard Lockhart	10.96	Andrew Kennedy	8.30	Oliver Wakefield

Discus

	1.5 Kg
45.94	David Keys
45.31	Gareth Irvine
43.64	Jeremy Harper
42.25	Michael McConkey
39.55	Jeremy Harper
39.35	Aaron Stirling
38.92	Gareth Irvine U15
38.89	Peter Glass
37.59	Joe Kingsberry
35.85	Ben Worthington
35.31	Richard Lockhart
35.21	Tom Reynolds

	1.25 Kg
42.02	David Keys
41.25	Gareth Irvine
39.80	Tom Reynolds
38.50	Jonathan Kingsberry
37.98	Michael McConkey
36.91	James Kirkpatrick
34:99	Aaron Stirling
33.42	Louis Atkinson
32.78	Peter Wickens
31.90	Neill Kelly

	1 Kg
29.52	James Kirkpatrick
25 04	Tom Reynolds
23.45	Gareth Irvine
22.85	Philip Brown
22.83	Louis Atkinson
21.32	Michael McConkey
21.00	Michael Dorrian
19.84	Matthew Wilson
19.30	Ben Reynolds
19.13	<i>Oliver Wakefield</i>

	1.5 Kg
25.54	David Cooke
25.18	Ken Woods
23.44	Richard Hamilton
22.20	Roger Perrott
22.14	Paul Kirkpatrick
20.18	Neil McGrattan
19.02	Duncan Scarth

	1 Kg
48.48	David Keys
38.06	Gareth Irvine

Javelin

	700 g
59.64	Matthew Martin
52.64	Michael McConkey
51.87	Peter Glass
50.63	<i>Matthew Stockton</i>
48.74	Roger Perrott

	600 g
42.80	Andrew Kane
42.76	Roger Perrott
41.98	Michael McConkey
41.35	Ben McDonnell
40.24	Niall McGrattan

	400 g
31.90	Michael McConkey
31.04	David Perry
29.77	Niall McGrattan
28.00	Michael McWilliams
24:92	Mathew Wilson

46.03 Conor McGrattan
45.33 Karl Lamont
45.29 Ben McDonnel
44.27 Ben Reynolds
44.20 Patrick McGrattan
44.12 Tom Edwards
43.44 Andrew Kane

38.82 Matthew Stockton
38.42 Conor McGrattan
38.40 Matthew Martin
36.39 Karl Lamont
35.63 Luke Reynolds
34:32 Brendan McConville
33.58 Anthony McWilliams

23.88 David Robb
23.80 James Budde
23.38 Conor McGrattan
22.20 Luke Reynolds
21.76 Michael Foster
21.56 Colin Munnis
500 g
29.00 Gareth Freeman
27.63 Niall McGrattan
600 g
25.60 Conor McGrattan
23.66 Gareth Freeman
22.48 Eamon McConville
22.34 Michael Gaffney
21.26 James Budde
21.18 Andrew Coulter
20.60 Brendan McConville
19.94 Stephen Barr
19.70 Michael Leonard

Hammer

5 Kg

54:45 Aaron Stirling
53.06 David Keys
44:32 Richard Lockhart
39.36 Joe Kingsberry
37.35 Neil Duigan
36.64 Peter Wickens
32.22 Gareth Irvine
28.35 Jeremy Harper
23.70 Karl Lamont
22.75 Matthew Stockton

4 Kg

51.29 David Keys (NI Record)
43.68 Peter Wickens
36.55 Jonathan Kingsberry
34:16 Aaron Stirling
28.51 Louis Atkinson
24:59 Pierce Clarke
18.74 Andrew Bradley
16.83 Miall McGrattan
15.30 Conor McGrattan

Multi Events

Octathlon	
4166	Philip Browne
4012	Michael McConkey
3900	Tom Reynolds
3471	Luke Reynolds
3288	Matthew Stockton
3263	Scott McCauley
3228	Stephen Loughlin
3098	Matthew Heaney
3034	David Weir
2680	Colin Munnis

Decathlon	
6180	Ben Reynolds

Pentathlon	
2150	Philip Browne
2083	Glen Willis
2066	Mark Widdowson
1994	Conor McGrattan
1968	James Kirkpatrick
1801	Peter Wickens
1666	Ben Reynolds
1517	Daniel Gouk
1324	Mark Marsh
1282	Shaun Tinman
1273	Andrew Kennedy

Pentathlon	
1674	<i>Oliver Wakefield</i>
1130	Jack Campton
998	Daniel McAllen