

Decathlon 10K Road Race

Sunday 12th June 2011

Pos	No	FirstName	LastName	Category	Finish	M/F Pos	Cat Pos
1	106	Paul	Pollock	MO	00:32:19	1	1
2	138	Paul	Rowan	M45-49	00:33:02	2	1
3	120	Paul	Carroll	M40-44	00:33:55	3	1
4	88	Simon	Taylor	MO	00:34:01	4	2
5	17	Conor	Curran	M35-39	00:34:19	5	1
6	142	Matt	Wray	M45-49	00:34:37	6	2
7	95	Mark	Yeates	MO	00:36:13	7	3
8	158	Steven	Beggs	MO	00:36:36	8	4
9	122	Gareth	Grew	M40-44	00:36:39	9	2
10	102	Brian	Barron	MO	00:36:57	10	5
11	65	Christopher	Moren	MO	00:37:23	11	6
12	131	Brian	Heron	M35-39	00:37:36	12	2
13	121	Neil	Darby	M45-49	00:38:05	13	3
14	58	Darren	Mckee	MO	00:38:33	14	7
15	80	Dennis	Scott	MO	00:38:40	15	8
16	26	Paul	Gaskell	M35-39	00:38:59	16	3
17	113	David	Lynch	MO	00:39:02	17	9
18	108	Michael	Elliott	M40-44	00:39:05	18	3
19	28	Douglas	Grant	M40-44	00:39:10	19	4
20	92	Johnny	Wilson	M35-39	00:39:14	20	4
21	100	Colin	Porter	M35-39	00:39:21	21	5
22	115	Gareth	Cardwell	M40-44	00:39:24	22	5
23	76	Chris	Ross	M40-44	00:39:35	23	6
24	137	George	Morris	M45-49	00:39:40	24	4
25	123	Gerry	Coy	M50-54	00:39:57	25	1
26	44	Brendan	Kirk	M40-44	00:40:04	26	7
27	96	Rodney	Young	M40-44	00:40:04	27	8
28	71	David	Proctor	MO	00:40:22	28	10
29	10	Fraser	Buchanan	M45-49	00:40:40	29	5
30	63	Ryan	Mctier	M35-39	00:40:50	30	6
31	150	Ryan	Henry	MJ	00:41:10	31	1
32	162	Irwin	Speirs	M60-64	00:41:15	32	1
33	105	Paul	Tyro	MO	00:41:23	33	11
34	53	Ian	Mccollam	MO	00:41:46	34	12
35	99	Clive	Weatherthad	M40-44	00:41:59	35	9
36	130	Stephen	Addy	MO	00:41:59	36	13
37	104	Andrew	Beacock	MO	00:42:17	37	14
38	51	Paul	McCabe	MO	00:42:24	38	15
39	132	Eddie	McQuillan	M50-54	00:42:39	39	2
40	163	Darryl	Bright	MO	00:42:42	40	16
41	73	Ivan	Prue	M35-39	00:42:48	41	7
42	24	Jim	Finlay	M45-49	00:43:01	42	6
43	98	Brendan	Rice	M35-39	00:43:19	43	8
44	85	Alex	Smyth	MJ	00:43:29	44	2
45	8	Ian	Brennan	M45-49	00:43:32	45	7

46	3	Paul	Beattie	M45-49	00:43:36	46	8
47	36	Fiona	Johnston	F40-44	00:43:37	1	1
48	149	Ciaran	Wright	MO	00:43:44	47	17
49	43	Jonny	Kinney	M40-44	00:44:10	48	10
50	110	Denver	Jardine	MO	00:44:10	49	18
51	4	Aaron	Bell	MO	00:44:11	50	19
52	125	Rachel	Gibson	FO	00:44:21	2	1
53	46	Craig	Long	M35-39	00:44:44	51	9
54	56	Lorraine	Mcconville	F40-44	00:44:44	3	2
55	67	Andrew	Muir	MO	00:44:51	52	20
56	117	Alan	Ross	M35-39	00:45:06	53	10
57	11	Thomas	Carson	M40-44	00:45:53	54	11
58	87	David	Tate	M40-44	00:46:13	55	12
59	18	Liz	Dawson	FO	00:46:35	4	2
60	30	Richard	Hand	M45-49	00:46:56	56	9
61	146	Andrew	Hanna	MJ	00:46:56	57	3
62	151	Barry	Mairs	MO	00:47:01	58	21
63	23	Andrew	Fidler	M35-39	00:47:06	59	11
64	41	Malachy	Keenan	M40-44	00:47:11	60	13
65	154	Alex	McGreevy	M40-44	00:47:26	61	14
66	155	Nathaniel	Shelton	M35-39	00:47:31	62	12
67	111	James	Lemon	M45-49	00:47:41	63	10
68	141	Michael	Armstrong	M40-44	00:48:06	64	15
69	127	Gary	Graham	MO	00:48:07	65	22
70	82	Paul	Seacroft	M45-49	00:48:08	66	11
71	62	Patrick	Mcmullan	M55-59	00:48:14	67	1
72	143	Athanasia	Sevastaki	F35-39	00:48:19	5	1
73	140	David	Gray	M35-39	00:48:20	68	13
74	112	Julie-Anne	Lears	F40-44	00:48:36	6	3
75	72	Lyndsey	Pronger	FO	00:48:46	7	3
76	12	Alex	Chacko	M35-39	00:48:49	69	14
77	14	Barrie	Colgan	MO	00:48:49	70	23
78	156	Michael	Robinson	MO	00:49:00	71	24
79	21	Alison	Downey	F35-39	00:49:04	8	2
80	139	Andrew	Mehaffy	MO	00:49:06	72	25
81	152	Oliver	Begley	MJ	00:49:12	73	4
82	84	Glenn	Smyth	M45-49	00:49:15	74	12
83	145	Andrew	Linton	M45-49	00:49:18	75	13
84	128	Claire	Scott	F35-39	00:49:25	9	3
85	119	Alison	Carroll	F45-49	00:49:29	10	1
86	109	Justin	McIranie	M35-39	00:49:30	76	15
87	91	Sharon	Williamson	F35-39	00:49:33	11	4
88	161	Andy	Bridge	M45-49	00:49:35	77	14
89	114	Russell	Bell	M35-39	00:49:48	78	16
90	22	Poppy	Dunlop	F40-44	00:49:55	12	4
91	48	Kevin	Mawhinney	M50-54	00:49:57	79	3
92	81	John	Scovell	M50-54	00:49:57	80	4
93	101	Paul	Spence	M40-44	00:50:04	81	16
94	118	John	French	M35-39	00:50:06	82	17
95	54	Helen	Mccollam	F40-44	00:50:08	13	5

96	15	Gillian	Cordner	F35-39	00:50:09	14	5
97	126	Alison	Gibson	F45-49	00:50:16	15	2
98	103	Josh	Macinnes	MO	00:50:20	83	26
99	148	Mark	Riddell	MO	00:50:36	84	27
100	1	Pamela	Armstrong	F35-39	00:50:49	16	6
101	9	Christopher	Bryson	M35-39	00:50:52	85	18
102	60	Grainne	Mckeown	FO	00:50:52	17	4
103	70	Jessica	Perry	FO	00:51:11	18	5
104	5	Annette	Blaney	F35-39	00:51:17	19	7
105	33	Claire	Ingram	FO	00:51:29	20	6
106	97	Ann	Mageean	F50-54	00:51:39	21	1
107	2	David	Barron	M45-49	00:51:47	86	15
108	42	Conor	Keown	M35-39	00:52:00	87	19
109	133	Lorcan	McCleane	MJ	00:52:05	88	5
110	134	Peter	McCleane	M40-44	00:52:05	89	17
111	40	Darren	Jordan	M45-49	00:52:16	90	16
112	79	Helen	Ryan	FO	00:52:27	22	7
113	50	Bill	McBride	M40-44	00:52:35	91	18
114	90	Lorraine	Whiteway	F40-44	00:52:46	23	6
115	61	Frances	McMullan	F45-49	00:52:54	24	3
116	93	Steve	Wilson	M40-44	00:52:58	92	19
117	45	Maurice	Leeson	M50-54	00:53:04	93	5
118	77	Lynne	Rowlinson	FO	00:53:10	25	8
119	89	Hannah	Watters	FO	00:53:20	26	9
120	116	Daniel	Jack	MO	00:53:27	94	28
121	68	Pat	O'Driscoll	M60-64	00:53:34	95	2
122	25	Cathy	Fraser	F40-44	00:53:38	27	7
123	147	Alan	Hanna	M45-49	00:53:49	96	17
124	19	Marie	Devine	F45-49	00:53:52	28	4
125	27	Kathy	Graham	FO	00:54:13	29	10
126	29	Andrew	Hall	MO	00:54:20	97	29
127	135	Emma	Hingston	F35-39	00:55:12	30	8
128	159	James	Herron	M35-39	00:55:21	98	20
129	160	Noreen	McMahon	FO	00:55:21	31	11
130	13	David	Cleland	M45-49	00:55:26	99	18
131	52	Linda	Mccarter	F50-54	00:55:36	32	2
132	86	Joanie	Stevenson	F45-49	00:56:02	33	5
133	57	John	Mcdermott	MO	00:56:47	100	30
134	94	Paul	Wright	MO	00:57:02	101	31
135	32	Cara	Holloway	F40-44	00:57:04	34	8
136	35	Colm	Johnston	MO	00:57:21	102	32
137	34	Sarah	Johnston	FO	00:57:27	35	12
138	38	George	Johnston	M45-49	00:57:27	103	19
139	66	Caroline	Morris	F35-39	00:57:52	36	9
140	129	Shane	Huntley	M35-39	00:57:54	104	21
141	107	Kevin	Beimers	MO	00:57:58	105	33
142	49	Kathy	Mayhew	M45-49	00:58:16	106	20
143	136	Jane	Friel	F45-49	00:58:17	37	6
144	75	Paula	Robinson	FO	00:58:31	38	13
145	7	Olivia	Blundell	FJ	01:00:55	39	1

146	83	Paul	Skilly	MO	01:00:56	107	34
147	39	Julia	Jordan	F40-44	01:02:11	40	9
148	69	Christine	Orr	F40-44	01:02:17	41	10
149	157	Deborah	O'Hara	FO	01:02:46	42	14
150	6	Wendy	Blundell	F45-49	01:03:07	43	7
151	55	David	Mccollam	M40-44	01:03:32	108	20
152	153	Frances	McCambridge	FO	01:05:33	44	15
153	124	Alan	Rinchev	M60-64	01:06:18	109	3
154	59	Barbara	Mckeever	F45-49	01:07:22	45	8
155	16	Stephen	Courtney	M50-54	01:18:47	110	6
156	37	Sarah	Jackson	FO	01:20:16	46	16
157	78	Sharon	Rutherford	FO	01:20:16	47	17