

Up & Running Lagside 10K

Saturday 3rd September 2011

Pos	No	Firstname	Lastname	Club	Category	Gender	Age	Firsthalf	SecondHalf	Finish	Chiptime	M/F Pos	Cat Pos
1	695	Stephen	Scullion		MO	M		15:10	15:38	30:48	30:47	1	1
2	445	Joe	McAlister	St. Malachys AC	MO	M	30	15:16	15:47	31:03	31:01	2	2
3	752	Brendan	Teer		MO	M		15:38	16:30	32:08	32:06	3	3
4	789	Paul	Rowan		M45	M		15:49	16:30	32:18	32:16	4	1
5	423	Allan	McCullough	North Belfast Harriers	M45	M	46	16:03	16:45	32:47	32:45	5	2
6	462	Stephen	Rooney	St. Malachys AC	MO	M	20	16:27	17:02	33:29	33:27	6	4
7	678	Adam	Boyd		MO	M		16:45	17:00	33:44	33:44	7	5
8	512	Conor	Curran	North Belfast Harriers	M35	M	36	16:45	17:06	33:50	33:48	8	1
9	436	Matt	Wray	BALLYMENA & ANTRIM	M45	M	45	16:45	17:24	34:09	34:07	9	3
10	513	Brian	McKee	Dromore AC	M45	M	46	16:46	17:29	34:15	34:13	10	4
11	598	Edward	Cooke	North Belfast Harriers	MO	M	25	16:45	17:31	34:16	34:13	11	6
12	537	Justin	Maxwell	LARNE ATHLETIC CLUB	MO	M	31	16:48	17:36	34:23	34:21	12	7
13	582	Ryan	Maxwell	Larne AC	MO	M	31	16:48	17:39	34:26	34:24	13	8
14	428	Andrew	Hicks	Dromore	MO	M	26	16:47	17:54	34:41	34:39	14	9
15	720	Michael	Fitzpatrick		M40	M		17:17	17:34	34:51	34:49	15	1
16	770	Thomas	Simmons		MO	M		17:35	17:32	35:07	34:56	16	10
17	255	Conor	Mc Carroll	Omagh Harriers	M35	M	36	17:45	18:00	35:44	35:43	17	2
18	306	Paul	Tyro		MO	M	29	17:49	18:18	36:06	36:02	18	11
19	577	Michael	Magee	Beechmount Harriers	M40	M	43	17:50	18:17	36:07	36:04	19	2
20	324	Ryan	Moore	Viva Palestine	MO	M	28	17:36	18:36	36:11	36:08	20	12
21	449	Bryan	Edgar	springwell	M45	M	49	17:50	18:23	36:12	36:07	21	5
22	613	Bernard	Brady	Larne AC	M45	M	46	17:46	18:32	36:17	36:14	22	6
23	776	Fionnbhan	Toolam		MO	M		17:28	18:53	36:21	36:18	23	13
24	708	Breege	Connolly		FO	F		17:54	18:33	36:26	36:24	1	1
25	346	Dennis	Scott		MO	M	25	18:23	18:19	36:41	36:39	24	14
26	360	Laurence	Johnston	North Belfast Harriers	M50	M	53	17:53	18:51	36:43	36:41	25	1
27	564	Kevin	Oboyle	Ballymena Runners	MO	M	32	18:21	18:27	36:48	36:43	26	15
28	753	Stephen	Shannon		MO	M		18:23	18:29	36:51	36:48	27	16
29	516	Darren	McKee	North Down AC	MO	M	33	18:16	18:38	36:54	36:51	28	17
30	585	David	Wright	Lagan Valley AC	M40	M	43	18:16	18:40	36:55	36:51	29	3
31	435	Brian	Heron	Larne AC	M35	M	38	18:17	18:40	36:56	36:53	30	3

32	554	Andy	Guy	Larne AC	M35	M	38	18:17	18:49	37:06	37:03	31	4
33	760	Colum	Hughes		M35	M		17:59	19:15	37:14	37:11	32	5
34	552	Mark	Weir	North Down AC	M35	M	39	17:55	19:25	37:20	37:14	33	6
35	143	Kristopher	Wilson	Lagan Valley AC	MJ	M	18	18:15	19:14	37:28	37:27	34	1
36	650	Ollie	Shortt		M35	M	37	18:06	19:27	37:32	37:31	35	7
37	763	Niall	Brown		MO	M		17:53	19:39	37:32	37:26	36	18
38	315	Paul	Woodman	Orangetrove AC	MO	M	33	17:50	19:44	37:34	37:31	37	19
39	638	Bert	Shaw	Larne AC	M40	M	42	18:22	19:22	37:44	37:41	38	4
40	676	Neil	MacGreevy		MO	M		18:54	19:10	38:04	37:51	40	20
41	693	Douglas	Grant		M40	M		18:51	19:14	38:04	38:01	39	5
42	157	Peter	Donnelly		M40	M	42	18:27	19:40	38:06	38:04	41	6
43	214	John	McCambridge	St Peters AC	M45	M	45	18:46	19:23	38:08	38:03	42	7
44	451	Julie	Balmer	North Down AC	FO	F	34	18:52	19:20	38:11	38:08	2	2
45	292	Terry	Eakin	North Down AC	M60	M	61	18:52	19:39	38:31	38:28	43	1
46	181	David	Proctor	Willowfield Harriers	MO	M	31	19:11	19:34	38:45	38:41	44	21
47	330	Pat	Doole	Termoneeny	M45	M	49	18:55	19:54	38:49	38:41	45	8
48	697	David	Turtle		MO	M		19:23	19:30	38:53	38:45	46	22
49	98	Jay	Wiggan		MO	M	33	19:38	19:17	38:54	38:49	47	23
50	244	Eric	Montgomery	Lagan Valley AC	M50	M	54	19:08	19:55	39:03	38:59	48	2
51	570	Andrew	McMurray		MO	M	30	19:24	19:39	39:03	38:54	49	24
52	420	Michael	Mc Allister		MO	M	32	19:23	19:43	39:05	39:00	50	25
53	414	Conor	Diver		M35	M	38	19:04	20:03	39:06	39:03	51	8
54	365	Mark	Trimble		MO	M	31	19:06	20:05	39:10	39:06	52	26
55	722	Jonathan	Hooper		MO	M		18:51	20:25	39:15	39:11	53	27
56	374	Jason	Ratcliffe	Lagan Valley AC	M35	M	36	19:09	20:08	39:16	39:13	54	9
57	667	John	McGuigan	North Belfast Harriers	M35	M	38	20:03	19:14	39:17	39:13	55	10
58	712	Lisa	Sturgeon		F35	F		19:11	20:13	39:24	39:20	3	2
59	334	Mark	Mc Callion	Beechmount Harriers	MO	M	24	19:11	20:20	39:30	39:27	56	28
60	600	Heather	Ardis	City of Lisburn AC	FO	F	28	19:34	19:57	39:31	39:28	4	3
61	393	Brendan	Donnelly	Newcastle AC	MO	M	24	19:13	20:20	39:32	39:29	57	29
62	599	Rona	Harkens	Lagan Valley AC	F40	F	43	19:41	19:51	39:32	39:29	5	1
63	628	Nigel	Kane	LARNE ATHLETIC CLUB	M40	M	42	19:21	20:13	39:34	39:30	58	7
64	780	Brendan	Kirk		M45	M		18:50	20:48	39:38	39:34	59	9
65	320	Gary	McNeill		MO	M	32	19:21	20:18	39:39	39:34	60	30
66	155	Roberta	Dornan	North Down AC	F35	F	36	19:27	20:16	39:42	39:40	6	3
67	491	Sean	McIntyre	NICSAC	M50	M	50	19:14	20:31	39:44	39:40	61	3
68	335	Norman	Smyth	banbridge athletics club	M40	M	44	19:09	20:36	39:45	39:43	62	8
69	403	Scott	Henderson	Banbridge AC	MJ	M	18	19:09	20:36	39:45	39:42	63	2

70	438	Andrew	Acheson	Orangegrove AC	MO	M	34	19:51	19:57	39:48	39:42	64	31
71	95	Mark	Gracey	FG WILSONS	M35	M	36	20:02	19:51	39:53	39:38	65	11
72	502	Brian	Young		MO	M	22	19:56	20:01	39:56	39:52	66	32
73	762	Jarlath	O'Neill		MO	M		19:37	20:20	39:57	39:51	67	33
74	620	Paul	Tilson	Larne AC	M40	M	41	19:29	20:33	40:02	39:57	68	9
75	633	Paul	Quinn		MO	M	33	19:49	20:19	40:08	40:03	69	34
76	300	John	McAleavey		M40	M	43	20:01	20:09	40:09	39:46	70	10
77	736	Paul	McAllister		MO	M		19:28	20:42	40:10	40:05	71	35
78	422	Travis	Todd	North Belfast Harriers	MO	M	20	20:07	20:05	40:11	40:08	72	36
79	302	Pascal	Chappaz		MO	M	30	19:36	20:40	40:16	40:13	73	37
80	683	Stephen	Playfair		MO	M		20:13	20:07	40:19	40:09	74	38
81	303	Ian	Farr	Orangegrove A.C.	M40	M	41	20:10	20:10	40:20	40:13	75	11
82	729	Gary	Steele		MO	M		19:30	20:53	40:22	40:17	76	39
83	779	Irvine	Spiers		M60	M		19:39	20:46	40:24	40:20	77	2
84	272	Jerry	Milliken	FG Wilson	M45	M	47	20:23	20:05	40:27	40:08	78	10
85	496	Mark	McDowell	East Down AC	M35	M	37	19:53	20:37	40:29	40:21	80	12
86	602	Patrick	Scullion		M40	M	43	19:20	21:09	40:29	40:24	79	12
87	55	Micheal	Boyle		MO	M	26	19:39	21:02	40:41	40:36	81	40
88	102	Philip	McBride	Club Moto	M35	M	36	19:51	20:52	40:43	40:21	82	13
89	342	Shane	O'Higgins	canal court runners	MO	M	27	20:09	20:40	40:49	40:35	83	41
90	426	Debbie	Matchett	North Down AC	F45	F	45	19:46	21:04	40:50	40:47	7	1
91	245	David	Reid	Orangegrove AC	MO	M	29	19:52	21:00	40:51	40:45	84	42
92	340	David	Playfair	FG Wilson	MO	M	25	20:13	20:45	40:58	40:48	85	43
93	485	Darren	Hamilton		M35	M	35	20:28	20:32	41:00	40:48	86	14
94	727	Michael	Stinton		MO	M		19:36	21:26	41:01	40:45	87	44
95	192	Mark	McFeeters		MO	M	27	20:30	20:35	41:05	40:50	88	45
96	172	Neil	Armstrong		MO	M	30	21:11	20:02	41:12	40:28	89	46
97	253	Ruth	Magill	Lagan Valley	F50	F	53	20:08	21:05	41:12	41:08	8	1
98	170	Paul	McCabe		M35	M	35	20:31	20:44	41:14	41:05	90	15
99	723	Jessica	Craig	North Down AC	FO	F		19:46	21:34	41:20	41:18	9	4
100	641	Stephen	Moore		M35	M	37	20:29	20:52	41:21	41:13	91	16
101	718	Fra	McCaffey		M50	M		20:06	21:16	41:22	41:18	92	4
102	608	Gareth	McKenna		MO	M	29	20:12	21:16	41:27	41:15	93	47
103	429	Murray	Deller	Larne AC	MO	M	32	20:38	20:52	41:29	41:05	94	48
104	717	Robert	Irvine		M50	M		20:07	21:23	41:30	41:26	95	5
105	594	John	Murphy		M40	M	42	20:30	21:02	41:31	41:26	96	13
106	533	Michael	Monaghan	Sperrin Harriers	M40	M	41	20:28	21:05	41:33	41:26	97	14
107	331	Martin	Mullan		M35	M	37	20:24	21:10	41:34	41:25	98	17

108	520	Gerry	Gibbon	North Belfast Harriers	M45	M	48	20:08	21:28	41:35	41:30	99	11
109	756	Angela	Burns		FO	F		20:07	21:30	41:36	41:32	10	5
110	786	Paddy	Anderson		MO	M		20:10	21:27	41:36	41:31	100	49
111	777	Ryan	Henry		M18	M		19:47	21:53	41:39	41:36	101	1
112	501	Peter	Young		M55	M	58	20:26	21:16	41:41	41:36	102	1
113	326	David	Quinn		M35	M	38	20:41	21:02	41:43	41:34	103	18
114	322	Peter	Campbell		M50	M	50	20:26	21:33	41:58	41:53	104	6
115	276	Michael	McKeown		M45	M	46	20:27	21:35	42:02	41:57	105	12
116	186	Chris	Adams		MO	M	32	20:44	21:26	42:10	42:00	106	50
117	714	John	Bann-Lavery		MO	M		21:02	21:10	42:12	41:47	107	51
118	357	Paul	Cordner	Up and Runners	MO	M	34	21:05	21:09	42:13	42:00	109	52
119	741	David	Cambon		M40	M		20:30	21:43	42:13	42:05	108	15
120	759	Brian	Grimes		M50	M		21:12	21:04	42:16	42:03	110	7
121	216	Brian	Hughes		MO	M	32	21:17	21:01	42:18	42:05	111	53
122	490	Paul	Alister		M45	M	47	20:26	21:53	42:18	42:00	112	13
123	713	Joe	Napier		M35	M		20:45	21:40	42:25	42:11	113	19
124	351	Ian	Brennan	Larne AC	M45	M	45	21:10	21:19	42:29	42:16	114	14
125	379	Thomas	McCorry		M35	M	39	21:09	21:22	42:30	42:09	115	20
126	526	Michael	Kirk-Smith	dub runners	M60	M	60	20:42	21:52	42:33	42:30	116	3
127	356	Colm	McMullan	Dromore AC	M35	M	35	20:29	22:08	42:36	42:30	117	21
128	230	Niall	Majury		M45	M	45	21:11	21:27	42:37	41:57	118	15
129	767	Ciaran	Wright		MO	M		20:55	21:46	42:40	42:29	120	54
130	781	Mark	McCullough		M18	M		20:30	22:10	42:40	42:38	119	2
131	791	Francesca	Brown	North Down AC (N/S)	F18	F		20:37	22:05	42:42	42:38	11	1
132	30	David	Stewart	Murlough AC	M50	M	51	21:08	21:41	42:49	42:35	121	8
133	466	Jim	Walker	East Antrim Harriers	M50	M	52	20:47	22:04	42:50	42:46	122	9
134	662	Mark	Connolly		MO	M	32	20:19	22:34	42:52	42:48	123	55
135	730	Ali	Robinson		F35	F		21:08	21:46	42:53	42:47	12	4
136	23	Andrew	Jenkins		M35	M	38	21:14	21:48	43:01	42:47	124	22
137	528	Ben	Trowell		M45	M	47	21:19	21:43	43:02	42:52	125	16
138	227	Louise	Robinson		FO	F	26	20:37	22:27	43:04	43:00	13	6
139	543	Aodhan	O'Reilly	North Belfast Harriers	MO	M	29	20:31	22:35	43:06	43:01	126	56
140	659	Gerard	McAleenan		M35	M	37	21:15	21:54	43:08	42:57	127	23
141	293	Andrew	McIntyre		MO	M	25	20:43	22:26	43:09	42:54	128	57
142	660	William	Martin		MO	M	28	21:42	21:34	43:15	42:57	129	58
143	392	Jonathan	McGrath	North Down AC	M40	M	41	20:29	22:48	43:17	43:12	130	16
144	454	Ralph	Coetzee	Orangegrove A.C.	M35	M	39	21:19	22:04	43:23	43:16	131	24
145	103	Mark	Campbell	Seapark AC	M40	M	41	21:33	21:53	43:26	43:17	133	17

146	743	Adam	Milne		MO	M		20:52	22:35	43:26	43:20	132	59
147	296	Francis	Boal	Lagan Valley	M60	M	63	21:13	22:20	43:33	43:29	134	4
148	206	Diane	Watson		F35	F	38	21:01	22:37	43:37	43:33	14	5
149	136	Barry	Rooney	FG WILSONS	MO	M	30	21:43	21:56	43:39	43:20	135	60
150	596	Lorraine	McConville		F40	F	40	21:47	21:54	43:40	43:11	15	2
151	464	Colin	Drain		MO	M	34	21:57	21:49	43:46	43:34	136	61
152	343	Fergal	Mc Keown	BGM Runners	M40	M	43	22:10	21:40	43:49	43:35	137	18
153	421	Donna	McCusker	Murlough AC	F35	F	37	21:11	22:40	43:50	43:36	16	6
154	412	Pat	Rocks	Newry City Runners	M55	M	59	22:09	21:48	43:57	43:44	138	2
155	749	Shane	O'Callaghan		M40	M		22:08	21:52	43:59	43:40	139	19
156	283	Geraldine	Quigley	Larne AC	F35	F	36	21:17	22:44	44:00	43:55	17	7
157	605	Martin	McConaghy		MO	M	34	21:35	22:26	44:00	43:51	140	62
158	710	Martin	Catney		MO	M		21:49	22:15	44:04	43:40	141	63
159	187	John	McGarvey	North Down AC	MO	M	33	21:41	22:27	44:07	44:03	143	64
160	251	Brian	Coulter		M55	M	56	21:08	22:59	44:07	44:04	142	3
161	179	Michael	McCann	Larne AC	MJ	M	17	21:06	23:06	44:11	43:57	144	3
162	477	Matthew	Donnelly	St Malachy's	MJ	M	16	20:56	23:17	44:13	44:08	145	4
163	595	Jim	Clinton	North Belfast Harriers	M50	M	50	21:21	22:52	44:13	44:04	146	10
164	226	John	Black		MO	M	23	22:21	21:54	44:14	43:58	147	65
165	556	Desy	George		MO	M	34	21:48	22:29	44:16	43:57	148	66
166	362	Peter	McEvoy	Newry City Runners	M40	M	42	22:09	22:08	44:17	44:04	149	20
167	716	Darren	Houston		M40	M		21:58	22:20	44:18	43:58	150	21
168	665	Valerie	McDonough	North Down AC	F40	F	40	21:51	22:28	44:19	44:12	18	3
169	355	David	McKevitt		M40	M	43	22:10	22:11	44:20	44:06	151	22
170	288	Drew	Taggart	PACE Running Group	MO	M	33	21:50	22:33	44:22	44:08	153	67
171	778	Graham	Donal		M50	M		21:26	22:57	44:22	44:13	152	11
172	113	Kriss	Leslie		MO	M	21	21:56	22:29	44:24	44:15	154	68
173	586	Graham	Beattie		M40	M	41	21:59	22:26	44:25	44:17	155	23
174	597	Neil	Long		M35	M	39	21:48	22:39	44:26	43:56	156	25
175	268	Andrew	Mehaffey		MO	M	25	21:57	22:30	44:27	44:05	158	69
176	737	Timothy	Moore		MO	M		21:46	22:42	44:27	44:21	157	70
177	194	Frankie	Devlin		M40	M	44	22:05	22:29	44:33	44:15	159	24
178	465	Daniel	Morgan		MO	M	22	21:44	22:51	44:35	44:29	160	71
179	522	Stephen	Monaghan		M35	M	37	20:58	23:45	44:43	44:28	161	26
180	29	Andrew	Johnston		M40	M	42	21:14	23:30	44:44	44:42	162	25
181	783	Jonathan	Peak		M35	M		22:02	22:43	44:44	44:29	163	27
182	63	Ricky	Collins		MO	M	27	23:00	21:46	44:45	44:34	164	72
183	504	Stephanie	Hambling	North Down AC	F40	F	43	21:43	23:04	44:46	44:39	19	4

184	639	Patrick	McNeice	BGM	M50	M	54	22:28	22:18	44:46	44:32	165	12
185	545	Ron	O'Neill	Lagan Valley AC	M50	M	53	21:46	23:04	44:49	44:43	166	13
186	407	Martin	Craig		M35	M	38	22:26	22:24	44:50	44:41	167	28
187	166	Bryan	Murphy		MO	M	23	21:20	23:33	44:52	44:49	168	73
188	745	Eoin	Smyth		MO	M		21:55	22:59	44:53	44:32	169	74
189	488	Mark	Hall		M35	M	39	22:29	22:30	44:58	44:31	170	29
190	46	Nick	Barnes	FG Wilson	M40	M	40	22:03	23:02	45:04	44:55	172	26
191	131	David	Vallely		MO	M	32	22:11	22:53	45:04	45:04	171	75
192	243	Michael	McCoy		M35	M	36	22:36	22:30	45:05	44:51	175	30
193	281	David	Tate	Willowfield Harriers	M40	M	44	21:43	23:23	45:05	44:56	174	27
194	375	Peter	Morgan	East Down AC	M35	M	38	21:45	23:21	45:05	44:59	173	31
195	785	Joanne	McKendry		F35	F		22:58	22:09	45:06	44:51	20	8
196	284	Hugh	Grant		M35	M	38	22:04	23:05	45:09	45:02	176	32
197	370	Tomasz	Raczynski		MO	M	28	22:29	22:42	45:11	45:03	177	76
198	629	Stephen	Hewitt		MO	M	28	22:24	22:51	45:14	45:06	178	77
199	380	Jarlath	Rodgers		M40	M	40	22:34	22:41	45:15	44:54	179	28
200	724	Linda	Petticrew		F45	F		22:07	23:16	45:23	45:13	21	2
201	184	Shane	McBrien	Marie's Biscuits	M40	M	41	22:19	23:06	45:25	45:06	180	29
202	505	Drew	Girvin	Larne AC	M40	M	41	22:11	23:16	45:27	45:15	182	30
203	765	Julian	McGrath		M35	M		22:22	23:05	45:27	45:18	181	33
204	408	Sam	Dunn		M55	M	57	22:12	23:20	45:32	45:25	183	4
205	193	Christopher	Quinn		MO	M	34	22:25	23:11	45:36	45:26	184	78
206	17	Paul	Williams		M45	M	47	22:21	23:19	45:40	45:33	185	17
207	540	Nigel	Proctor	Banbridge AC	M45	M	46	22:14	23:27	45:41	45:35	186	18
208	480	Richard	Evans		MO	M	34	22:11	23:36	45:46	45:33	187	79
209	233	Charles	Breen		M40	M	43	23:42	22:08	45:50	45:33	189	31
210	579	Toban	Hunt		MJ	M	19	22:16	23:34	45:50	45:43	188	5
211	472	Patrick	McCann		M50	M	52	22:22	23:30	45:52	45:43	190	14
212	22	Tracey	Taylor		F40	F	40	38:17	07:40	45:57	45:39	22	5
213	486	Matthew	Allen	Ballymena Runners	M45	M	49	22:41	23:18	45:58	45:42	192	19
214	614	Brian	Murray		M35	M	37	22:14	23:44	45:58	45:50	191	34
215	229	Jody	Loughan		MO	M	31	22:13	23:46	45:59	45:47	193	80
216	280	Thomas	Houlding	QUB Triathlon club	MO	M	24	22:46	23:15	46:00	45:41	194	81
217	207	Stephen	McCully		M35	M	36	22:57	23:05	46:01	45:43	195	35
218	200	Andrew	Watson		M35	M	39	22:11	23:53	46:03	45:58	196	36
219	314	Nigel	Wethers		M50	M	51	23:17	22:49	46:05	45:47	197	15
220	666	Mary	Mackin	Dromore AC	F55	F	56	22:29	23:45	46:13	46:08	23	1
221	698	Heather	Richardson		F45	F		38:23	07:52	46:15	45:35	24	3

222	178	John	McCann	Larne AC	M40	M	43	22:41	23:38	46:18	46:01	198	32
223	427	Letitia	Meenan	Lagan Valley AC	F40	F	42	22:36	23:50	46:25	46:18	25	6
224	308	Aine	McNeill	Dromore AC	F45	F	45	22:38	23:53	46:31	46:16	26	4
225	437	Ian	Cardwell	Dromore A.C	M40	M	43	23:08	23:23	46:31	45:58	199	33
226	307	Jonathan	Fay	City of Lisburn AC	MO	M	29	22:20	24:13	46:33	46:21	200	82
227	327	Alan	Logan		M35	M	38	23:20	23:14	46:33	46:15	201	37
228	509	Shaun	Henry		M45	M	47	22:59	23:37	46:36	46:12	202	20
229	548	Pat	McMullan		M55	M	56	23:03	23:35	46:37	46:17	203	5
230	175	Andrea	Heslip	BANBRIDGE A.C	F35	F	38	23:03	23:40	46:43	46:37	27	9
231	364	Jonathan	McCaughtry	Dromore AC	M35	M	38	23:01	23:42	46:43	46:27	204	38
232	707	Brian	Calvert		M45	M		21:27	25:18	46:44	46:37	205	21
233	167	Richard	Hand		M45	M	49	23:20	23:25	46:45	46:19	206	22
234	152	Tim	Greeves	FG Wilson	MO	M	22	23:13	23:35	46:48	46:38	207	83
235	282	David	McBride		M35	M	37	23:44	23:04	46:48	46:26	209	39
236	519	Richard	Patterson	TUNA TRIATHLON CLUB	M40	M	44	22:36	24:12	46:48	46:36	208	34
237	349	Haydn	Knowles-Love		M35	M	35	23:42	23:08	46:50	46:16	210	40
238	108	Laura	Beattie		FO	F	28	23:13	23:41	46:54	46:33	28	7
239	611	Christopher	Ballentine		MO	M	28	23:14	23:41	46:55	46:36	211	84
240	733	Kerry	Fokkens		F40	F		22:22	24:34	46:55	46:48	29	7
241	338	Neil	Walker		M45	M	46	22:46	24:12	46:57	46:49	212	23
242	768	Liam	McArdle		MO	M		23:34	23:25	46:58	46:47	213	85
243	397	Martin	McSherry		M40	M	42	23:03	23:57	46:59	46:50	214	35
244	298	Ruth	MacArtney		F40	F	42	22:04	24:57	47:00	46:52	30	8
245	518	Paul	O'Hare	NICS AC	M45	M	49	23:18	23:44	47:01	46:45	215	24
246	452	David	Balmer	North Down AC	M35	M	35	23:20	23:45	47:04	46:57	216	41
247	394	Sam	McNeilly	Newcastle AC	FO	F	22	22:49	24:16	47:05	46:59	31	8
248	111	David	Noble	FG Wilson	M35	M	35	23:13	23:58	47:10	46:54	217	42
249	337	Patricia	Brown	Newry City Runners	F50	F	53	23:43	23:28	47:11	46:56	32	2
250	440	Darren	Moan	CIYMS AC	M40	M	40	23:07	24:05	47:11	46:44	218	36
251	381	Micheal	Carlisle	BGM	M50	M	50	23:04	24:10	47:13	46:58	219	16
252	205	Dorian	White	PACE	M40	M	42	22:47	24:32	47:19	47:10	220	37
253	383	Brian	Duggan		M40	M	40	24:15	23:06	47:21	46:50	221	38
254	311	Brian	Morrow		M35	M	39	24:12	23:15	47:27	46:56	222	43
255	479	Jason	Birdsall		MO	M	33	24:22	23:07	47:28	46:53	223	86
256	487	Susanna	Allen	Ballymena Runners	F45	F	48	23:38	23:57	47:35	47:19	33	5
257	536	Paul	Compton		M35	M	37	22:52	24:43	47:35	47:23	224	44
258	673	Thomas	Neill		M45	M		23:48	23:52	47:39	47:11	225	25
259	604	Paddy	McDonnell	no	M35	M	36	23:24	24:20	47:43	47:35	226	45

260	390	Alwyn	McKee		M40	M	44	24:18	23:27	47:45	47:22	227	39
261	746	Paul	Curley		MO	M		23:04	24:41	47:45	47:11	228	87
262	497	Dervla	McCartan	BGM	FO	F	29	24:16	23:33	47:49	47:34	34	9
263	285	Ian	Bates	Dromore AC	M50	M	52	23:33	24:17	47:50	47:35	230	17
264	323	Declan	McGrath		MO	M	28	23:34	24:16	47:50	47:45	229	88
265	700	Leann	Gibson		FO	F		24:10	23:44	47:54	47:21	35	10
266	715	Mark	Hall		MO	M		23:51	24:07	47:58	47:41	231	89
267	474	Mervyn	Thompson	Springwell Running Club	M40	M	40	23:11	24:49	48:00	47:53	232	40
268	88	Ciaran	Martin	FG Wilson	M35	M	39	24:40	23:22	48:01	47:22	233	46
269	489	Nicola	Thompson		F40	F	40	23:45	24:16	48:01	47:35	36	9
270	674	Bob	Shanks		MO	M		22:51	25:17	48:08	48:03	234	90
271	774	Alexander	Blackstock		M60	M		23:45	24:26	48:10	48:03	235	5
272	122	Conor	O'Neill		M40	M	41	23:25	24:52	48:16	47:59	236	41
273	142	Peadar	Doyle	FG Wilson	M45	M	46	24:22	23:56	48:18	48:03	237	26
274	419	John	Corry		MO	M	29	24:20	23:59	48:18	48:02	238	91
275	106	Stephen	Mulvenna	FG Wilson	M45	M	46	24:32	23:49	48:20	47:52	239	27
276	125	Graham	Burnside		MO	M	30	24:02	24:18	48:20	47:45	240	92
277	784	Noel	Robinson		MO	M		22:39	25:46	48:25	48:11	241	93
278	581	John	McAree		M35	M	38	24:09	24:20	48:28	48:11	242	47
279	609	Janette	Bailie	Dromore AC	F35	F	37	23:33	24:57	48:29	48:14	37	10
280	578	Kieran	Hunt		M50	M	51	23:11	25:19	48:30	48:23	243	18
281	100	Bill	Guest	FG Wilson	M35	M	37	24:32	23:59	48:31	48:09	244	48
282	286	Niall	Meehan		M35	M	36	24:29	24:03	48:32	48:05	245	49
283	653	Patricia	Hampson		FO	F	32	24:11	24:24	48:35	48:01	38	11
284	418	Richard	Crane		MO	M	28	24:20	24:19	48:38	48:22	246	94
285	431	Daniel	Jack		MO	M	31	23:11	25:28	48:39	48:31	247	95
286	65	Nick	Murphy	FG Wilson	M35	M	36	24:42	24:02	48:43	48:21	248	50
287	617	Patrick	Hughes		M35	M	37	24:49	23:55	48:43	48:13	250	51
288	761	Poignon	Guillaume		MO	M		44:20	04:23	48:43	48:17	249	96
289	705	Michael	Megarrity		M45	M		23:33	25:14	48:46	48:38	251	28
290	182	Brendan	McGeown	Marie's Biscuits	M40	M	41	24:49	23:59	48:47	48:16	252	42
291	295	Martin	O'Brien		M35	M	36	24:48	24:03	48:51	48:17	253	52
292	319	Jonathan	Adams		MO	M	22	23:36	25:17	48:52	48:38	255	97
293	663	Ashley	Douglas		MO	M	27	22:56	25:56	48:52	48:41	254	98
294	471	Carla	Magill		FO	F	24	23:17	25:39	48:56	48:40	39	12
295	687	Frankey	McGivern		F45	F		23:43	25:14	48:57	48:51	40	6
296	569	Jarlath	Magee	Canal Court Running Club	M40	M	42	23:32	25:27	48:59	48:42	256	43
297	544	Martin	Doherty		M35	M	35	24:37	24:24	49:00	48:27	257	53

298	469	Louise	Holmes		FO	F	32	23:53	25:09	49:01	48:51	42	13
299	549	Jane	McEvoy		F35	F	39	24:28	24:33	49:01	48:42	43	11
300	612	Ryan	Love		MO	M	33	25:33	23:28	49:01	48:25	258	99
301	672	Louise	Stewart		FO	F		24:06	24:56	49:01	48:54	41	14
302	290	Maureen	Oliver	dub runners	F55	F	57	24:30	24:33	49:03	48:49	44	2
303	524	Conor	Campbell		M40	M	44	23:43	25:22	49:04	48:57	259	44
304	643	Roisin	Byrne		F40	F	42	24:08	24:57	49:04	48:43	45	10
305	661	Anthony	Sergeant		MO	M	23	23:05	26:01	49:06	49:03	260	100
306	584	Ciaran	Kearney		M40	M	43	24:16	24:51	49:07	48:51	261	45
307	171	Dominic	McKenna		MO	M	33	25:04	24:06	49:09	48:43	262	101
308	209	Peter	Lagan		M35	M	36	24:38	24:34	49:11	48:38	264	54
309	510	Andrew	Evans		MO	M	31	23:45	25:27	49:11	48:48	263	102
310	304	Fran	O'Rourke	BGM Runners	M45	M	48	24:15	24:58	49:12	48:57	265	29
311	236	Christopher	Bryson	PACE Running Group	M40	M	40	24:39	24:36	49:14	48:59	267	46
312	353	Simon	Willis		M35	M	39	24:17	24:57	49:14	49:00	266	55
313	402	Desy	Metrustry		M40	M	43	24:09	25:06	49:14	48:58	268	47
314	74	Jason	Beynon		M35	M	39	25:27	23:51	49:18	48:41	269	56
315	498	Marguerite	Robinson	Murlough AC	F40	F	43	23:27	25:55	49:22	49:08	46	11
316	240	Eamonn	Donnelly		M40	M	43	24:19	25:08	49:27	49:13	270	48
317	680	Samuel	Coleman		MO	M		23:20	26:08	49:27	49:10	271	103
318	721	Shaun	McKittrick		MO	M		24:18	25:10	49:27	49:05	272	104
319	333	John	Cully		M40	M	44	24:26	25:03	49:28	49:09	273	49
320	555	Tom	Gillen		M40	M	40	24:10	25:19	49:28	49:07	274	50
321	773	Mark	Millar		M40	M		24:58	24:32	49:29	48:59	275	51
322	493	Joan	Melanophy	St Peters	F40	F	40	23:51	25:39	49:30	49:26	47	12
323	726	Charlie	Winter		M55	M		24:13	25:17	49:30	49:19	276	6
324	583	Bill	Crory		M45	M	46	25:05	24:26	49:31	49:07	277	30
325	675	Gerald	Murray		M55	M		24:54	24:41	49:35	48:55	279	7
326	735	Chris	Barrett		M50	M		24:35	25:01	49:35	49:15	278	19
327	734	Louise	Smart		FO	F		24:35	25:01	49:36	49:15	48	15
328	704	Sarah	Kendall		FO	F		24:34	25:11	49:45	49:08	49	16
329	112	Ian	Brown		MO	M	34	25:05	24:50	49:54	49:28	281	105
330	461	Trevor	Morrison		M50	M	50	24:12	25:43	49:54	49:43	280	20
331	204	Neasa	Campbell		F40	F	41	24:39	25:17	49:56	49:48	50	13
332	261	John	Sherry		M35	M	39	25:03	24:57	49:59	49:27	282	57
333	525	Jonathan	Calvert	FG Wilson	MO	M	24	25:24	24:37	50:01	49:47	283	106
334	772	Colin	Atkinson		M40	M		23:49	26:14	50:03	49:36	284	52
335	670	Siobhan	Larkin		F40	F		24:36	25:29	50:05	49:58	51	14

336	176	Orla	Sweeney	Up and Runners NI	F35	F	38	25:19	24:50	50:09	49:35	52	12
337	732	Richard	Cane		M35	M		25:41	24:29	50:10	49:36	285	58
338	400	Philip	Wilson	FG Wilson	M35	M	38	24:50	25:22	50:11	50:02	286	59
339	656	Carl	Signer		M40	M	40	24:35	25:36	50:11	49:48	287	53
340	339	Noleen	O'Neill	Banbridge AC	F40	F	41	24:35	25:41	50:15	49:38	53	15
341	38	James	Murray	FG Wilson	M35	M	36	23:53	26:25	50:18	49:58	288	60
342	694	Peter	Milligan		MO	M		24:10	26:09	50:19	49:56	289	107
343	266	Barney	McCann	ASOB's	M45	M	46	24:09	26:12	50:21	50:04	290	31
344	5	Brian	Hillen		MO	M	30	24:41	25:44	50:24	49:57	292	108
345	503	Irene	Downey	County Antrim Harriers	F45	F	48	24:47	25:38	50:24	50:03	54	7
346	703	Philip	Moore		MO	M		24:14	26:10	50:24	49:57	291	109
347	601	Glenn	Smyth		M45	M	47	25:15	25:11	50:26	49:58	293	32
348	551	Frank	Smyth		M40	M	40	25:10	25:17	50:27	49:49	294	54
349	399	Peter	Rush		MO	M	31	24:05	26:27	50:32	50:25	295	110
350	147	Andy	Pearson		M40	M	40	25:04	25:39	50:43	50:11	296	55
351	305	Jim	Gillespie		M40	M	40	25:26	25:20	50:45	50:12	297	56
352	18	Anthony	O'Neill		M35	M	38	24:42	26:08	50:49	50:30	298	61
353	299	Kevin	Mc Kernan		M40	M	41	25:19	25:31	50:50	50:26	299	57
354	415	Norman	Watson	FG Wilson	MO	M	29	25:25	25:33	50:58	50:44	301	111
355	455	Steve	Wilson		M40	M	40	24:37	26:22	50:58	50:45	300	58
356	651	Craig	Green	PACE Antrim	M35	M	39	25:46	25:13	50:58	50:43	302	62
357	348	Adrian	Knowles-Love		M35	M	37	24:08	26:52	50:59	50:26	304	63
358	706	Pat	Martin		M50	M		24:19	26:41	50:59	50:51	303	21
359	523	Colm	Mc Neill	east down athletic club	M50	M	53	25:13	25:49	51:01	50:39	305	22
360	273	Sarah	McWilliams		FO	F	30	25:26	25:39	51:04	50:37	55	17
361	610	Gavin	Wilson		MO	M	29	25:28	25:42	51:09	50:40	306	112
362	591	Keith	Hanna		M40	M	42	26:44	24:28	51:12	50:51	307	59
363	534	Mark	Hand		MO	M	22	24:30	26:43	51:13	50:47	308	113
364	684	Victoria	McFeeters		FO	F		24:48	26:25	51:13	50:47	56	18
365	794	John	McAuley		M50	M		25:53	25:29	51:22	51:00	309	23
366	711	Eimear	McCann		FO	F		25:13	26:11	51:24	51:00	57	19
367	696	Cillilan	Short		M45	M		26:08	25:18	51:25	50:44	310	33
368	367	Rachel	Farrell	Up and Runners	F35	F	36	25:10	26:19	51:28	51:18	58	13
369	189	Alan	Bill		M45	M	47	25:12	26:24	51:35	51:24	311	34
370	521	David	McVeigh		M40	M	40	24:06	27:32	51:38	51:33	312	60
371	366	Paul	Seacroft		M45	M	48	25:43	25:57	51:40	51:17	313	35
372	220	George	McNeill		M50	M	52	26:01	25:41	51:42	51:05	315	24
373	262	Pat	O'Driscoll	North Down AC	M60	M	63	26:19	25:24	51:42	51:30	314	6

374	587	Hollie	McKeown	Willowfield Harriers	FJ	F	15	24:46	26:57	51:42	51:32	59	1
375	47	Gemma	Davies	FG Wilson	FO	F	27	24:51	26:53	51:43	51:34	60	20
376	354	Joseph	McVey		M50	M	52	26:16	25:29	51:44	51:11	316	25
377	568	Moira	Magee	Canal Court Running Club	F40	F	43	25:40	26:06	51:45	51:29	61	16
378	221	Carol	Annesley	East Antrim Harriers AC	F45	F	47	25:15	26:32	51:46	51:29	62	8
379	572	Skip	Gibson		MO	M	22	25:20	26:26	51:46	51:11	317	114
380	618	John	O'Kane		M35	M	37	25:32	26:18	51:49	51:20	318	64
381	325	Corona	Cassidy	Viva Palestine	FO	F	28	24:25	27:26	51:51	51:30	63	21
382	321	Susanne	McGrillen		FO	F	30	25:51	26:04	51:54	51:42	64	22
383	634	Kieran	Hughes		MO	M	33	26:33	25:23	51:56	51:27	319	115
384	453	Tanya	Farr	Orangethorne A.C.	F40	F	42	25:37	26:31	52:07	51:55	65	17
385	468	Paul	Corthorn		M35	M	35	25:23	26:47	52:10	51:55	320	65
386	574	Steve	Stewart		M35	M	39	27:04	25:08	52:12	51:44	321	66
387	361	Raymond	Whiteway		M45	M	47	26:22	25:52	52:14	51:46	322	36
388	91	Alison	McCambridge		FO	F	34	26:12	26:04	52:15	51:37	66	23
389	535	Ian	Ervine		M55	M	56	26:03	26:12	52:15	51:46	323	8
390	389	Mark	McGlade	DOUGLAS & GRAHAME	MO	M	33	26:46	25:35	52:21	51:37	324	116
391	447	Chris	James		M40	M	41	25:49	26:38	52:26	51:51	325	61
392	758	Colin	Haddick		M60	M		25:50	26:38	52:27	52:00	326	7
393	75	Chris	Smith		MO	M	25	25:29	26:59	52:28	51:50	327	117
394	413	Phil	Duffield	NSPCC Team Go	M45	M	48	26:38	25:57	52:34	51:53	328	37
395	679	Antoinette	Bowen		F35	F		25:48	26:47	52:34	52:12	67	14
396	796	Conor	McCroly		M18	M		24:54	27:42	52:35	52:22	329	3
397	742	Sasha	Lambon		F40	F		25:57	26:41	52:37	52:23	68	18
398	316	Marie	Devine	North Down AC	F45	F	46	26:08	26:31	52:39	52:14	69	9
399	792	Eimear	King		FO	F		26:15	26:25	52:39	52:01	70	24
400	668	Rebecca	Hunter	Lagan Valley	F35	F	35	26:05	26:38	52:42	52:26	71	15
401	235	Frances	McMullan	PACE Running Group	F45	F	49	26:01	26:47	52:48	52:33	72	10
402	34	Tom	Mallon		M45	M	48	25:20	27:30	52:50	52:43	330	38
403	225	Colm	McMullan		MO	M	31	25:30	27:21	52:50	52:25	331	118
404	621	Oliver	Murphy	Sperrin Harriers	M40	M	40	26:56	25:56	52:51	52:38	332	62
405	630	Colum	Murphy		MO	M	33	26:56	25:56	52:51	52:37	333	119
406	790	Thomas	Dalzell		MO	M		25:04	27:49	52:52	52:46	334	120
407	153	Craig	Corsar		M35	M	36	26:25	26:29	52:53	52:12	335	67
408	456	Jillian	Redpath		F35	F	38	26:26	26:33	52:59	52:30	73	16
409	371	Tim	Fearon		M40	M	42	25:54	27:08	53:02	52:45	336	63
410	450	Claude	Maguire		M40	M	42	25:54	27:09	53:02	52:45	337	64
411	446	Paul	Gruhn	dub runners	MO	M	31	24:29	28:34	53:03	52:55	338	121

412	782	Joe	Molloy		M35	M		27:18	25:45	53:03	52:23	339	68
413	265	Michael	Snoddy		M50	M	53	26:36	26:28	53:04	52:38	340	26
414	241	Mandy	Nelson		F40	F	44	26:37	26:28	53:05	52:38	74	19
415	217	Stephen	McKinty	FG Wilson	M45	M	45	25:39	27:27	53:06	52:47	341	39
416	395	Neil	Martin		MO	M	33	26:26	26:41	53:06	52:25	342	122
417	416	Ciaran	Brownlee		M35	M	35	27:37	25:30	53:07	52:30	343	69
418	439	Eleanor	Acheson	Oranegrove AC	FO	F	34	25:37	27:33	53:10	52:59	75	25
419	747	Brett	Paterson		MO	M		25:27	27:46	53:12	52:45	345	123
420	788	Darren	Floyd		MO	M		25:18	27:55	53:12	53:05	344	124
421	92	Maurice	Leeson		M50	M	52	27:09	26:06	53:14	52:46	346	27
422	104	Mark	Dougherty		M35	M	37	28:40	24:39	53:18	52:46	347	70
423	328	Michelle	Thompson	FG Wilson	F40	F	40	26:20	27:02	53:21	53:11	76	20
424	417	Kelan	McClelland		MO	M	33	26:59	26:25	53:23	52:45	348	125
425	210	Barry	O'Donnell		MO	M	34	25:30	27:56	53:26	53:01	349	126
426	234	Orla	McGinnis		FO	F	24	26:25	27:01	53:26	53:10	77	26
427	377	Trina	Maginn		FO	F	32	26:17	27:09	53:26	53:07	78	27
428	126	George	Gribben		M55	M	57	27:15	26:14	53:28	52:53	350	9
429	632	Alison	Quinn		FO	F	31	26:39	26:49	53:28	53:10	79	28
430	49	Joseph	Hughes	FG Wilson	MO	M	27	26:57	26:36	53:33	53:17	351	127
431	499	Helen	Dimond		FO	F	31	26:35	27:01	53:36	53:23	80	29
432	500	Kathryn	Fowler		F40	F	40	26:35	27:01	53:36	53:23	81	21
433	669	Emma	Smith	Oranegrove AC	F35	F	37	26:35	27:01	53:36	53:17	82	17
434	557	Conor	Loughran		MO	M	31	26:14	27:30	53:43	53:23	352	128
435	252	Simon	Trimble		MO	M	27	25:46	27:59	53:44	53:34	353	129
436	463	Lesley	Wilson		F35	F	37	26:09	27:38	53:47	53:33	83	18
437	269	William	Baird		M55	M	59	26:24	27:27	53:51	53:11	354	10
438	162	Lynne	Rowlinson		FO	F	26	26:55	26:57	53:52	53:31	84	30
439	652	Stephen	Connolly		MO	M	34	26:31	27:23	53:53	53:19	355	130
440	96	Nicholas	Quaile		M35	M	39	26:29	27:33	54:02	53:43	356	71
441	264	Pippa	Davis		F35	F	38	26:12	27:52	54:03	53:43	85	19
442	224	John	Richardson		M40	M	44	27:43	26:23	54:06	53:26	357	65
443	787	Paul	Sheridan		M50	M		25:46	28:22	54:07	53:48	358	28
444	250	Alan	Briers	Up and Runners	M40	M	42	26:00	28:11	54:10	53:45	360	66
445	495	Jonathan	Golden		M35	M	38	25:18	28:52	54:10	53:51	359	72
446	54	Christine	Orr		F40	F	42	26:42	27:30	54:11	53:29	86	22
447	372	David	Guiney	Dromore Athletic Club	M50	M	51	27:34	26:37	54:11	53:58	361	29
448	430	Kelly	Magill	Larne AC	FO	F	30	26:48	27:24	54:12	53:48	87	31
449	94	Stephen	Martin	FG Wilson	M40	M	42	25:36	28:39	54:15	53:52	362	67

450	725	Valerie	Maguire		F40	F		27:09	27:09	54:17	53:56	88	23
451	709	Marian	Donaldson		F55	F		26:19	28:01	54:20	54:02	89	3
452	475	Michael	Gillan		M35	M	38	26:43	27:42	54:25	53:41	363	73
453	130	Colin	Cooney		M40	M	43	27:04	27:29	54:33	53:59	365	68
454	259	Mark	Aicken		M35	M	35	27:03	27:30	54:33	54:13	364	74
455	541	Stephen	McKiernan		MO	M	28	27:10	27:24	54:33	53:59	366	131
456	56	Mark	Lennox	FG Wilson	M40	M	40	27:04	27:30	54:34	54:07	367	69
457	615	Paul	Kelly		M45	M	47	27:20	27:15	54:34	54:05	368	40
458	14	John	Adams		MO	M	23	28:41	25:54	54:35	53:54	370	132
459	105	Chris	McMinn		M35	M	37	28:41	25:55	54:35	53:55	369	75
460	161	Annie	Kenny		FO	F	27	26:50	27:46	54:35	54:25	91	32
461	671	Siobhan	O'Neill		F40	F		26:14	28:22	54:35	54:27	90	24
462	203	Clare	Campbell		F45	F	48	26:39	27:57	54:36	54:29	92	11
463	121	Michael	Burgess		MO	M	29	27:24	27:26	54:49	54:36	371	133
464	15	Olivia	Wilson		FO	F	32	27:26	27:26	54:52	54:23	93	33
465	16	Richard	Wilson		M35	M	39	27:26	27:27	54:53	54:23	372	76
466	246	Alan	Casement		M35	M	38	28:11	26:44	54:55	54:38	373	77
467	71	Joanne	McCully	FG Wilson	FO	F	32	27:08	27:48	54:56	54:40	96	34
468	494	Pamela	Davis		F45	F	45	26:57	27:59	54:56	54:45	94	12
469	728	Moira	McBride		F45	F		26:57	27:59	54:56	54:44	95	13
470	218	Joyce	McKinty	FG Wilson	F40	F	44	26:46	28:12	54:57	54:37	97	25
471	795	Michael	Gregg		M40	M		27:05	27:53	54:58	54:26	374	70
472	580	Nick	Brennan		M40	M	43	26:48	28:12	54:59	54:34	375	71
473	566	Janet	Toal	North Down AC	F45	F	46	27:47	27:13	55:00	54:33	98	14
474	388	Robert	Carson	DOUGLAS & GRAHAME	M40	M	40	26:51	28:10	55:01	54:14	376	72
475	118	Anthony	Fleming		M35	M	38	28:10	26:56	55:06	54:33	377	78
476	511	Margaret	McClintock		F40	F	44	27:47	27:21	55:07	54:38	99	26
477	213	Rory	O'Neill		M35	M	39	27:02	28:11	55:13	54:55	378	79
478	635	Anne	Hughes		FO	F	32	26:57	28:17	55:14	54:45	100	35
479	289	John	Oakes	East Down AC	M35	M	36	26:36	28:40	55:16	55:08	379	80
480	312	Paula	McKibbin	Murlough AC	F40	F	44	27:23	27:55	55:18	54:52	101	27
481	239	Anne	McCormick	Murlough AC	F50	F	51	27:24	27:55	55:19	54:54	102	3
482	405	Kerry	McClintock	P.A.C.E. Running Group	F35	F	36	27:25	27:59	55:24	55:10	103	20
483	27	Claire	Patience		F35	F	38	26:42	28:44	55:26	55:08	104	21
484	441	Louisa	Wilson		FO	F	34	27:30	28:04	55:34	55:19	105	36
485	85	Sean	Larkin	FG Wilson	M35	M	38	26:55	28:45	55:40	55:19	380	81
486	93	Barry	Meehan		M35	M	37	27:21	28:20	55:41	55:22	381	82
487	368	Gillian	Logan	Larne AC	FO	F	27	27:44	27:57	55:41	55:19	106	37

488	196	Clare	Finn		F40	F	41	27:23	28:20	55:43	55:32	107	28
489	197	Nuala	McCabe		F35	F	36	27:23	28:20	55:43	55:32	108	22
490	89	Orla	Martin	FG Wilson	F35	F	37	27:12	28:32	55:44	55:05	109	23
491	532	Paul	Rodgers	Marie's Biscuits	M35	M	37	27:10	28:34	55:44	55:12	382	83
492	256	Stephen	Hillocks		M35	M	36	27:11	28:45	55:55	55:32	383	84
493	542	Ruth	Cousins		F40	F	43	26:58	29:03	56:01	55:42	110	29
494	277	Lindsay	Bell		FO	F	34	27:08	28:57	56:05	55:56	111	38
495	278	Ron	Bell		M35	M	35	27:07	28:58	56:05	55:56	384	85
496	607	Jennifer	Clarke		FJ	F	19	28:56	27:11	56:06	55:39	112	2
497	623	Rosemarie	Mc Hugh		FO	F	33	29:11	26:55	56:06	55:22	113	39
498	481	Brian	Thompson		M60	M	60	27:29	28:40	56:09	55:42	385	8
499	562	James	Herron		M35	M	37	28:41	27:32	56:12	55:40	386	86
500	744	Peter	Gibson		M50	M		25:56	30:22	56:18	56:06	387	30
501	443	Melinda	Wilkinson	Orangetrove AC	F40	F	40	27:28	28:52	56:19	56:07	114	30
502	6	Ruth	Chapman		FO	F	30	27:45	28:37	56:22	55:56	115	40
503	406	Irene	White	P.A.C.E. Running Group	F45	F	47	27:25	29:00	56:24	56:10	116	15
504	691	Helen	Anthony		FO	F		28:10	28:19	56:28	56:05	117	41
505	681	Helen	Woodside		F40	F		28:33	27:58	56:30	55:55	118	31
506	682	Helen	Brannigan		F40	F		28:32	27:58	56:30	55:54	119	32
507	793	Andrew	Johnston		MO	M		26:34	30:02	56:35	55:53	388	134
508	764	Sean	O'Hare		M40	M		27:08	29:30	56:37	56:27	389	73
509	237	Melissa	Moreland		F35	F	39	27:13	29:27	56:40	56:20	120	24
510	624	Adrian	Mc Elvanna		MO	M	33	29:12	27:28	56:40	55:56	390	135
511	150	Marty	Denvir		MJ	M	17	25:57	30:44	56:41	56:28	391	6
512	640	Sonia	McNeice	BGM	F40	F	43	28:36	28:06	56:42	56:26	121	33
513	124	Nora	Douds		FO	F	33	29:24	27:20	56:44	56:07	122	42
514	507	Glenda	Girvin		F40	F	40	27:51	29:02	56:53	56:17	124	34
515	508	Shirley	McGuckin		F35	F	38	27:51	29:03	56:53	56:18	123	25
516	616	Grace	O'Kane		F35	F	36	28:25	28:29	56:54	56:23	125	26
517	576	Robert	Koval	FG Wilson	M50	M	54	27:25	29:34	56:58	56:30	392	31
518	731	Roger	Duncan		M35	M		27:57	29:02	56:59	56:26	393	87
519	1	Paul	Hendron		M55	M	55	27:53	29:09	57:02	56:32	394	11
520	202	Philip	Smyth		MO	M	31	27:50	29:15	57:04	56:36	395	136
521	52	Linda	Rice	FG Wilson	F35	F	39	27:42	29:23	57:05	56:55	126	27
522	120	Andrew	Hill	FG Wilson	MO	M	28	30:02	27:07	57:09	56:41	396	137
523	590	Clifford	Winters	FG Wilson	MO	M	30	30:02	27:09	57:10	56:41	397	138
524	384	Laverne	Inns	banbridge athletics	F45	F	45	27:48	29:23	57:11	56:33	127	16
525	738	James	Dobbin		MO	M		28:13	29:03	57:15	56:50	398	139

526	139	Michelle	Scullion	FG Wilson	FO	F	20	26:54	30:24	57:17	57:07	128	43
527	686	Peter	White		M40	M		29:30	27:57	57:26	56:51	399	74
528	627	Stephen	Montgomery		M35	M	38	26:32	30:56	57:27	57:15	400	88
529	363	Gemma	Armstrong		FO	F	30	28:50	28:49	57:39	57:09	129	44
530	329	Annelize	Bekker	Dromore AC	FO	F	29	27:34	30:09	57:43	57:31	130	45
531	689	Cormac	McKinney		MO	M		28:03	29:41	57:44	57:19	401	140
532	619	Patricia	Walsh		F45	F	48	27:48	30:01	57:48	57:19	131	17
533	506	Colin	Shaw		M45	M	45	29:17	28:33	57:49	57:17	402	41
534	154	Conor	McNeill		M40	M	40	29:08	28:44	57:51	57:08	404	75
535	470	Ciaran	O'Flaherty	FG Wilson	MO	M	29	29:50	28:02	57:51	57:38	403	141
536	755	Derek	Cowan		M60	M		28:31	29:34	58:04	57:39	405	9
537	771	Jim	Frazer		M45	M		27:52	30:13	58:05	57:28	406	42
538	567	Carmel	Tumelty	ROSS ROAD RUNNERS	F40	F	42	28:40	29:31	58:10	58:01	132	35
539	123	Rory	McGregor	FG Wilson	M35	M	37	28:31	29:41	58:11	57:51	407	89
540	575	John	McCourt		MO	M	29	30:08	28:07	58:15	57:48	408	142
541	432	Susan	Anderson		F40	F	41	29:49	28:27	58:16	57:52	133	36
542	645	Linda	Craig	Up & Runners	F50	F	51	29:49	28:28	58:16	57:52	134	4
543	688	Michael	McCrory		M45	M		28:02	30:15	58:17	57:59	409	43
544	28	Barry	Patience		M35	M	38	27:57	30:23	58:20	58:02	410	90
545	658	Sarah	Williamson		FO	F	32	29:43	28:39	58:22	57:52	135	46
546	664	Owen	Fitzpatrick		M40	M	43	28:16	30:10	58:25	57:59	411	76
547	750	Leona	Cowan		F35	F		29:37	28:48	58:25	57:56	136	28
548	119	Diarmuid	Sands		MO	M	33	28:28	29:58	58:26	58:04	412	143
549	385	John	Gillespie	DOUGLAS & GRAHAME	MO	M	31	29:57	28:36	58:32	57:46	413	144
550	97	David	Cleland		M45	M	45	28:07	30:27	58:34	58:15	414	44
551	701	Susan	McEwen		F45	F		29:43	28:59	58:41	58:11	137	18
552	313	Nicola	Mathers	Murlough AC	FO	F	32	28:42	30:03	58:44	58:19	139	47
553	492	Esther	McGuinness		F40	F	43	29:19	29:25	58:44	58:24	138	37
554	141	Barbara	McEvoy		FO	F	25	28:29	30:20	58:49	58:12	140	48
555	185	Marie	McBrien	Marie's Biscuits	F40	F	41	29:42	29:15	58:57	58:25	141	38
556	550	Lorraine	Smyth		F40	F	40	28:50	30:11	59:00	58:22	142	39
557	137	Karen	Madden		F40	F	42	30:22	28:41	59:03	58:29	144	40
558	593	Shauna	Martin	FG Wilson	F35	F	36	28:01	31:02	59:03	58:30	143	29
559	448	Jacqueline	Briers	Up and Runners	F45	F	46	30:11	28:56	59:07	58:42	145	19
560	386	Aaron	Douglas	DOUGLAS & GRAHAME	MO	M	22	29:57	29:23	59:19	58:33	415	145
561	531	Denise	Rodgers		FO	F	34	29:21	30:02	59:23	58:52	146	49
562	148	Colin	Laverick		MO	M	30	29:37	29:51	59:27	58:41	416	146
563	291	Philip	Simmill		M45	M	47	28:30	31:01	59:31	59:04	417	45

564	211	Mairead	Walsh		FO	F	30	29:07	30:29	59:35	59:04	147	50
565	212	Adrain	McAleenan		MO	M	30	29:07	30:29	59:35	59:04	418	147
566	336	Siobhan	Smyth	banbridge athletics club	F35	F	38	28:37	31:05	59:41	59:04	148	30
567	751	Mary	Devlin		F45	F		27:57	31:45	59:42	59:26	150	20
568	754	Suzanne	Brolly		F45	F		27:56	31:46	59:42	59:26	149	21
569	347	Pilatova	Katarina		FO	F	28	28:41	31:09	59:49	59:17	151	51
570	690	Conor	McKinney		MO	M		28:22	31:29	59:51	59:27	419	148
571	238	Stephen	Garland		MO	M	28	30:38	29:25	00:02	59:27	420	149
572	571	Una	Williamson		F35	F	36	29:38	30:26	00:03	59:31	152	31
573	654	Frances	Mc Cambridge	Up and Running	FO	F	31	29:54	30:10	00:03	59:28	153	52
574	547	Mary	McNeill	Murlough AC	F50	F	50	29:08	30:57	00:04	59:38	154	5
575	260	Terry	Bayles		M60	M	64			00:05	59:36	421	10
576	409	Martin	Goss		M40	M	43	29:56	30:13	00:09	59:30	422	77
577	410	Maire-Louise	Goss		F40	F	43	29:56	30:19	00:15	59:37	155	41
578	603	Wendy	Thompson		F35	F	38	30:04	30:13	00:16	59:45	156	32
579	61	Robert	McGlashan	FG Wilson	M35	M	38	29:43	30:35	01:00:17	01:00:04	423	91
580	657	Gareth	Hamill		M35	M	37	30:09	30:09	01:00:18	01:00:18	424	92
581	24	Aaron	Pyper		MJ	M	15	28:03	32:30	01:00:32	01:00:21	426	7
582	62	Jacintha	White	BGM	FO	F	25	29:05	31:27	01:00:32	01:00:16	157	53
583	442	Jack	McNeill		MJ	M	15	28:02	32:30	01:00:32	01:00:21	425	8
584	53	Andrew	Jenkins	FG Wilson	M40	M	41	28:00	32:34	01:00:34	01:00:24	427	78
585	398	Paul	Allen		M40	M	42	28:12	32:32	01:00:44	01:00:38	428	79
586	699	Lynne	Henderson		F40	F		30:58	29:49	01:00:46	01:00:07	158	42
587	401	Caroline	Cavanagh	Up and Runners	FO	F	25	29:59	31:05	01:01:04	01:00:54	159	54
588	294	Sarah	Brown		F35	F	36	30:44	30:22	01:01:05	01:00:23	160	33
589	396	Catherine	Browne		F35	F	39	30:54	30:18	01:01:12	01:00:40	161	34
590	515	Michael	Doran		MJ	M	17	30:46	30:29	01:01:14	01:00:45	429	9
591	553	Sharon	Lynn-Mcgregor	Larne AC	F35	F	37	29:40	31:40	01:01:19	01:00:44	162	35
592	350	Sridhar	Goli	FG Wilson	MO	M	30	29:50	31:33	01:01:23	01:01:09	430	150
593	559	Helen	Rose		F40	F	44	29:25	32:11	01:01:35	01:01:09	163	43
594	739	Kevin	Beimers		MO	M		30:05	31:35	01:01:39	01:01:01	431	151
595	115	Jill Armstrong	Armstrong	FG Wilson	FO	F	25	30:01	31:42	01:01:42	01:01:19	164	55
596	271	Stella	Harrison	Up and Runners	F45	F	45	30:45	30:59	01:01:44	01:01:10	165	22
597	158	Claire	Bradley		FO	F	27	30:39	31:21	01:02:00	01:01:39	166	56
598	195	Tommy	Hassan		M35	M	38	30:18	31:52	01:02:09	01:01:43	432	93
599	215	Lorna	Finlay	Caterpillar/F.G.. Wilson	F45	F	47	30:38	31:31	01:02:09	01:01:28	167	23
600	589	Sharon	Mallon		F45	F	46	31:02	31:14	01:02:15	01:01:52	168	24
601	757	Norah	Walsh		F40	F		30:15	32:01	01:02:15	01:01:50	169	44

602	444	Emma	Doherty	North Belfast Harriers	FJ	F	18	30:47	31:30	01:02:16	01:01:44	170	3
603	644	MicháEla	MacKin		F40	F	40	30:36	31:44	01:02:20	01:01:48	171	45
604	626	Danielle	Fegan		FO	F	31	31:03	31:19	01:02:21	01:01:46	172	57
605	76	Joanne	Craig	FG Wilson	FO	F	27	30:07	32:15	01:02:22	01:02:05	174	58
606	109	Patricia	Magee	FG Wilson	F35	F	38	30:08	32:15	01:02:22	01:02:11	173	36
607	655	Michelle	Boyd		F45	F	48	30:52	31:42	01:02:33	01:02:13	175	25
608	588	Louise	Briggs		F50	F	52	30:08	32:28	01:02:35	01:02:24	176	6
609	647	Helen	McCarthy		F35	F	37	30:45	31:51	01:02:36	01:02:00	177	37
610	78	Ian	Gallagher		M40	M	41	30:36	32:27	01:03:03	01:02:30	433	80
611	8	Tony	Allen		M40	M	42	31:30	31:34	01:03:04	01:02:28	434	81
612	637	Anita	Watson		F40	F	40	31:04	32:03	01:03:07	01:02:43	178	46
613	458	Stephen	Adams		MO	M	27	32:18	30:52	01:03:10	01:02:29	435	152
614	719	Timmy	Turton		MO	M		32:43	30:32	01:03:14	01:02:32	436	153
615	476	Mervyn	Smith		M65	M	66	31:07	32:15	01:03:22	01:02:59	437	1
616	424	Harriet	Long		FO	F	31	32:14	31:13	01:03:26	01:02:55	179	59
617	7	Christine	Mcmullan		FO	F	28	29:58	33:31	01:03:29	01:03:02	180	60
618	183	Roseann	McGeown	Marie's Biscuits	F35	F	39	30:35	33:12	01:03:46	01:03:15	181	38
619	625	Donna	Hanlon		F40	F	44	31:30	32:17	01:03:46	01:03:12	182	47
620	37	Hilary	Campbell-Martin		F35	F	36	32:04	31:50	01:03:53	01:03:44	183	39
621	247	Una	Casement		F35	F	37	30:43	33:12	01:03:55	01:03:37	184	40
622	297	Brian	McCann	FG Wilson	M35	M	35	31:03	33:11	01:04:13	01:03:42	438	94
623	467	Kerry	Prentice		F40	F	40	32:26	31:47	01:04:13	01:03:38	185	48
624	483	Joanne	Patterson		FO	F	32	32:26	31:47	01:04:13	01:03:37	186	61
625	473	Natalie Louise	McKee		FO	F	27	30:47	33:32	01:04:18	01:03:42	187	62
626	561	Carol	Dane		FO	F	30	34:04	30:15	01:04:19	01:04:01	188	63
627	560	Jonathan	Roberts		M35	M	39	34:04	30:26	01:04:30	01:04:12	439	95
628	270	Paula	Grogan	Up and Runners	F45	F	45	30:46	33:48	01:04:34	01:03:59	189	26
629	138	Bernadette	McAteer		F45	F	46	31:31	33:09	01:04:39	01:04:05	190	27
630	198	Jim	McConville		M40	M	44	31:49	33:04	01:04:52	01:04:27	440	82
631	199	Sarah	Caldwell		F35	F	35	31:48	33:05	01:04:52	01:04:27	191	41
632	517	Tracy	Gilpin		F40	F	40	31:26	33:32	01:04:58	01:04:29	192	49
633	25	Margaret	Laffin		F45	F	47	31:38	33:23	01:05:00	01:04:20	193	28
634	592	Paula	Cahoon	FG Wilson	F35	F	35	34:05	31:37	01:05:41	01:05:07	194	42
635	530	Laura	Haggan		FO	F	33	32:38	33:07	01:05:45	01:05:07	195	64
636	13	Julie	Arthur		F40	F	41	31:47	34:01	01:05:47	01:05:12	196	50
637	156	Gareth	McGrillan		M35	M	39	32:53	33:03	01:05:55	01:05:20	441	96
638	685	Mark	Drennan		M45	M		32:10	33:47	01:05:57	01:05:15	442	46
639	40	Lesley	Gillespie		F40	F	41	33:18	32:52	01:06:10	01:05:28	197	51

640	352	John	Brown		MO	M	33	33:58	32:24	01:06:21	01:05:38	443	154
641	332	Stephen	Hughes		M35	M	36	33:58	32:32	01:06:29	01:05:46	444	97
642	231	Stephen	Brown	Ballymena Runners AC	M45	M	49	32:33	34:22	01:06:54	01:06:12	445	47
643	232	Trevor	Brown	Ballymena Runners AC	M70	M	71	32:34	34:20	01:06:54	01:06:12	446	1
644	358	Margaret Mary	Nimoh		FO	F	26	32:27	34:37	01:07:03	01:06:43	198	65
645	169	David	Crawford		M35	M	39	34:16	33:05	01:07:20	01:06:47	447	98
646	457	Deborah	Lee		FO	F	26	32:51	34:30	01:07:20	01:06:40	199	66
647	775	Karen	Wallis		F40	F		32:57	34:28	01:07:24	01:06:48	200	52
648	86	Keith	Spence	na	M40	M	41	32:15	35:10	01:07:25	01:07:02	448	83
649	114	Peter	Lindsay	FG Wilson	M40	M	41	32:15	35:11	01:07:25	01:07:02	449	84
650	173	Sarah	McBrien		FO	F	27	31:44	35:49	01:07:32	01:07:21	201	67
651	48	Bronagh	Dawson		F45	F	49	35:29	32:15	01:07:43	01:07:25	202	29
652	425	Barbara	McKeever	Up and Runners	F45	F	47	33:34	34:09	01:07:43	01:07:08	203	30
653	514	Anne	Doran		F50	F	50	34:25	33:26	01:07:51	01:07:21	204	7
654	404	Daryl	Christie		MO	M	26	31:41	36:29	01:08:10	01:07:34	450	155
655	646	Charlene	Quinn		F40	F	41	31:42	36:29	01:08:10	01:07:47	205	53
656	258	Frances	Smyth	Up and Runners	F55	F	55	33:47	34:27	01:08:14	01:07:39	206	4
657	310	Mairead	Morrow		F35	F	37	33:19	35:07	01:08:26	01:07:53	207	43
658	482	Stephen	Stewart		M45	M	49	31:27	37:24	01:08:50	01:08:24	451	48
659	134	Rosemary	Crowe		F50	F	53	32:58	36:10	01:09:08	01:08:31	208	8
660	42	Hazel	Salmon	FG Wilson	FO	F	32	32:53	36:26	01:09:19	01:08:38	209	68
661	309	Emma	Moore		F35	F	35	33:23	35:58	01:09:20	01:08:47	210	44
662	135	Suzanne	Morwood		F40	F	42	33:28	36:06	01:09:33	01:08:57	211	54
663	60	Robin	Graham	FG Wilson	M35	M	39	33:41	35:56	01:09:36	01:09:15	452	99
664	159	Roisin	Bradley		FO	F	24	34:50	35:45	01:10:35	01:10:14	212	69
665	79	Angela	Crone		F35	F	35	33:25	37:28	01:10:53	01:10:20	213	45
666	459	Michael	Lee		M50	M	54	34:33	36:31	01:11:03	01:10:24	453	32
667	317	Gaby	Dittrich		FO	F	28	34:44	36:45	01:11:28	01:10:45	214	70
668	174	Kerry	Schaper		FO	F	28	34:45	36:44	01:11:29	01:10:46	215	71
669	50	Robert	Scott	FG Wilson	M35	M	38	35:41	36:54	01:12:35	01:12:10	454	100
670	59	Lana	Kerr	FG Wilson	FO	F	29	35:41	36:54	01:12:35	01:12:10	216	72
671	484	Karalyn	Smith		F35	F	36	34:53	40:09	01:15:01	01:14:23	217	46
672	145	Gerard	Creighton		M35	M	39	36:09	41:07	01:17:15	01:16:53	455	101
673	20	Lynne	Gore		F35	F	36	36:27	40:52	01:17:18	01:17:01	218	47
674	66	Michelle	Connolly	FG Wilson	FO	F	31	38:36	38:43	01:17:19	01:16:48	219	73
675	177	Sharon	Rutherford		FO	F	30	38:35	38:51	01:17:25	01:17:07	220	74
676	144	Nicola	Burnett	FG Wilson	FO	F	29	36:02	41:26	01:17:28	01:17:06	221	75
677	529	Tony	McAllister		M45	M	45	36:35	40:58	01:17:33	01:17:04	456	49

678	82	John	Hegarty	FG Wilson	M40	M	43	36:36	40:58	01:17:34	01:17:10	457	85
679	72	Tracy	Mooney	FG Wilson	FO	F	34	38:35	43:15	01:21:50	01:21:09	222	76
680	87	Seainin	Mc Ivor	FG WILSONS	FO	F	26	38:35	43:17	01:21:51	01:21:29	223	77
681	57	Jaclyn	Shivers	FG Wilson	FO	F	31	40:00	42:38	01:22:37	01:22:06	224	78
682	58	Nicola	Carson	FG Wilson	FO	F	30	39:59	42:39	01:22:38	01:22:06	225	79
683	101	Colin	Thompson	FG Wilson	M35	M	39	41:19	41:19	01:22:38	01:22:38	458	102
684	677	Claire	Bishop		FO	F		40:38	44:42	01:25:20	01:24:44	226	80
685	10	Ian	Adams		M50	M	53	46:00	50:21	01:36:20	01:35:40	459	33
686	81	Frances	Brady		F35	F	38	46:01	50:20	01:36:20	01:35:44	227	48